## Wilderness First Aid

Wilderness First Aid is a 16-hour (2 day) certification course that is an introduction to general medical concepts and basic life support skills. It is a critical skill for any leader taking a group of Scouts on a multiple day trip into the backcountry. The course is taught by professional instructors with significant patient care and backcountry experience.

Information taken from BSA Guidelines below:

## Trek Safely Guide states:

The lead adult is responsible for ensuring that someone in the group is currently trained in first aid appropriate to the type of trek and the environment. Training in basic wilderness first aid (typically a 16-hour course) and CPR is recommended.

## **Guide to Safe Scouting states:**

First aid and WFA are important to participants in BSA programs. The BSA strongly recommends that participants avail themselves of CPR with automatic external defibrillator (AED) training, along with first-aid and wilderness first-aid training. For certain program participation, there may be requirements for first aid, wilderness first aid, and CPR/AED. There are no unit-centric requirements currently.

It will be offered weekly during the summer camp season (every Wednesday and Thursday) at Mt. Norris Scout reservation in Eden, Vt.\*

\*Dates: (a minimum of 12 participants are required to hold each class)

Session 1 - July 10-11 - Session 2 - July 17-18 - Session 3 - July 24-25

Session 4 – July 31-August 1 - Session 5 – August 7-8

• Participants must have a completed BSA Medical form with them at registration.

For more information contact: Green Mountain Council, BSA PO Box 557, Waterbury, VT 05676-0557. Phone: (800) 704-3089

## Complete and send to Green Mountain Council, PO Box 557, Waterbury, VT 05676 Fax: 802-244-5259 or email to info@scoutingvermont.org.

Yes! Sign me up for Wilderness First Aid to attend Session \_\_\_\_\_ (Select 1-5 from the dates listed above)

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