



# 2022

## GREEN MT. COUNCIL CAMP GUIDE

UPDATED 3/1/2022



**GREEN MOUNTAIN COUNCIL  
BOY SCOUTS OF AMERICA**

838 US Rte. 2

P.O. Box 557

Waterbury, VT 05676

**"A WEEK OF CAMP LIFE IS WORTH SIX  
MONTHS OF THEORETICAL TEACHING IN  
THE MEETING ROOM." –Lord Baden-Powell**



Greetings from Mt. Norris Scout Reservation! We are thrilled you are joining us at Mt. Norris for summer camp in 2022. We have been working hard over the winter to provide another outstanding resident camp experience for all of Vermont's Scouts as well as friends from neighboring Councils. Thank you for being here with us.

When Mt. Norris Scout Reservation was established in 1949, the vision of the Council was to provide Scouts with a top-shelf camping experience. That goal remains the same in 2022! Whether at camp with Cub Scouts or Scouts BSA, our staff will work hard to provide an outstanding program for all our campers. We will be safe, make amazing memories, and have FUN! This year we have many returning Staff members – more than  $\frac{3}{4}$  are coming back! They include two seasoned Program Directors. Jacob Parker, who has served many years on Camp Staff and was Program Director in 2021, will again be our 2022 SBSA Program Director. And for the Cub Scout Program, Peter Massari will be returning for the 19th year to provide an amazing experience for our younger campers.

Whether a Cub Scout or SBSA family, this guide will help get you ready for an amazing summer camp experience. There will be many procedures we will share in common (such as dining and safety procedures) but each has their own separate program plan. As always, if you have any questions PLEASE ASK. We are here to do all we can for the campers.

We will continue to closely monitor and adhere to guidance from the Vermont Department of Health, the CDC, and the Boy Scouts of America. We are confident that being at camp will be safe, and that our young people will have the amazing outdoor experience that only summer camp can provide. Should questions arise, please ask us. We want everyone in camp to be confident that our protocols and practices will keep us all healthy once again this summer.

The members of Council Executive Board, Mt. Norris Scout Reservation Alumni Association, Camp Ranger, Ajapeu Lodge Order of the Arrow brothers, & many important benefactors have continued to make significant investments in our camp this off-season. Most importantly, many of you have participated in the process of rebuilding and redefining this great place, for it is your camp. As we continue to improve the Program, we are also very interested in improving the facilities as well and would encourage you to invest your time, talent &/or treasure to find an area to assist us this summer. If you have a skill, materials that can be used for a project, or have some extra time to put into our Camp, please contact Kevin Macy (Alumni Assoc President) at [mtnorrisalumni@gmail.com](mailto:mtnorrisalumni@gmail.com) or myself at [alisonvt12@gmail.com](mailto:alisonvt12@gmail.com). We don't want to miss a chance to take advantage of your talents. Too often we hear, "I wish I had known, I have that at home," or "I can do that. Too bad I don't have my tools".

On behalf of our entire Green Mountain Council Summer Camp Staff and the leadership of the Green Mountain Council, we look forward to welcoming you back to summer camp. We are committed to offering the best customer service and program support possible for you and your Scouts as you prepare for a great summer camp experience at Mt Norris Scout Reservation! Looking forward to seeing all of you this summer in Eden.

Yours in Scouting,



Alison Hampson, 2022 Camp Director [camp.director@scoutingvermont.org](mailto:camp.director@scoutingvermont.org) 802-495-1120

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## **GENERAL CAMP INFORMATION**

### **PRE-CAMP LEADER MEETING**

#### **Mandatory for at least 1 Leader from each Unit:**

So all who attend Summer Camp can be prepared, the camp leadership will conduct 2 Zoom meetings and one in person meeting to help answer any questions units may have. We will record the Zoom meetings and provide access on the camp website should none of the options work for a unit. However, we strongly encourage attendance at one of these options.

Our schedule for 2022 is as follows:

**Zoom meetings** (register through the Green Mt. Council Calendar for the Zoom link):

Wednesday, May 11 at 8:00 pm

Sunday, May 15 at 8:00 pm

#### **In Person Meeting:**

Sunday, May 15, 11:00 at Mt. Norris on Yon Porch (immediately following the Spring Camporee).

Contact Camp Director Alison Hampson (802-495-1120) or the Council Service Center in Waterbury, VT (802-244-5189) with questions/additional information related to the camp program, registration, and operation.

### **CAMP PROPERTY**

Mt. Norris Scout Reservation (MNSR) is owned and operated by the Green Mountain Council (GMC) of the Boy Scouts of America (BSA). Our scenic 1,000 plus acre property has been enjoyed by generations of Scouts and Scouters as a beautiful summer retreat for more than 70 years. With shoreline access to Lake Eden, trails to the summit of Mt Norris, and our enthusiastic and qualified staff, we strive to offer exciting and unique camping opportunities to Scouts from around the world.

### **CAMP STAFF**

MNSR does its best to hire the most qualified Scouts and adults available to serve on our camp staff. They are chosen for their knowledge of camp life, sense of Scouting's values and are committed to help your Scouts and unit succeed. Area directors hold a valid certificate of training from BSA's National Camping School or equivalent skills. In 2022, we have approximately 85% of our Camp Staff from last year returning – that is a great start to an amazing summer camp experience for all campers.

### **CAMP RANGER**

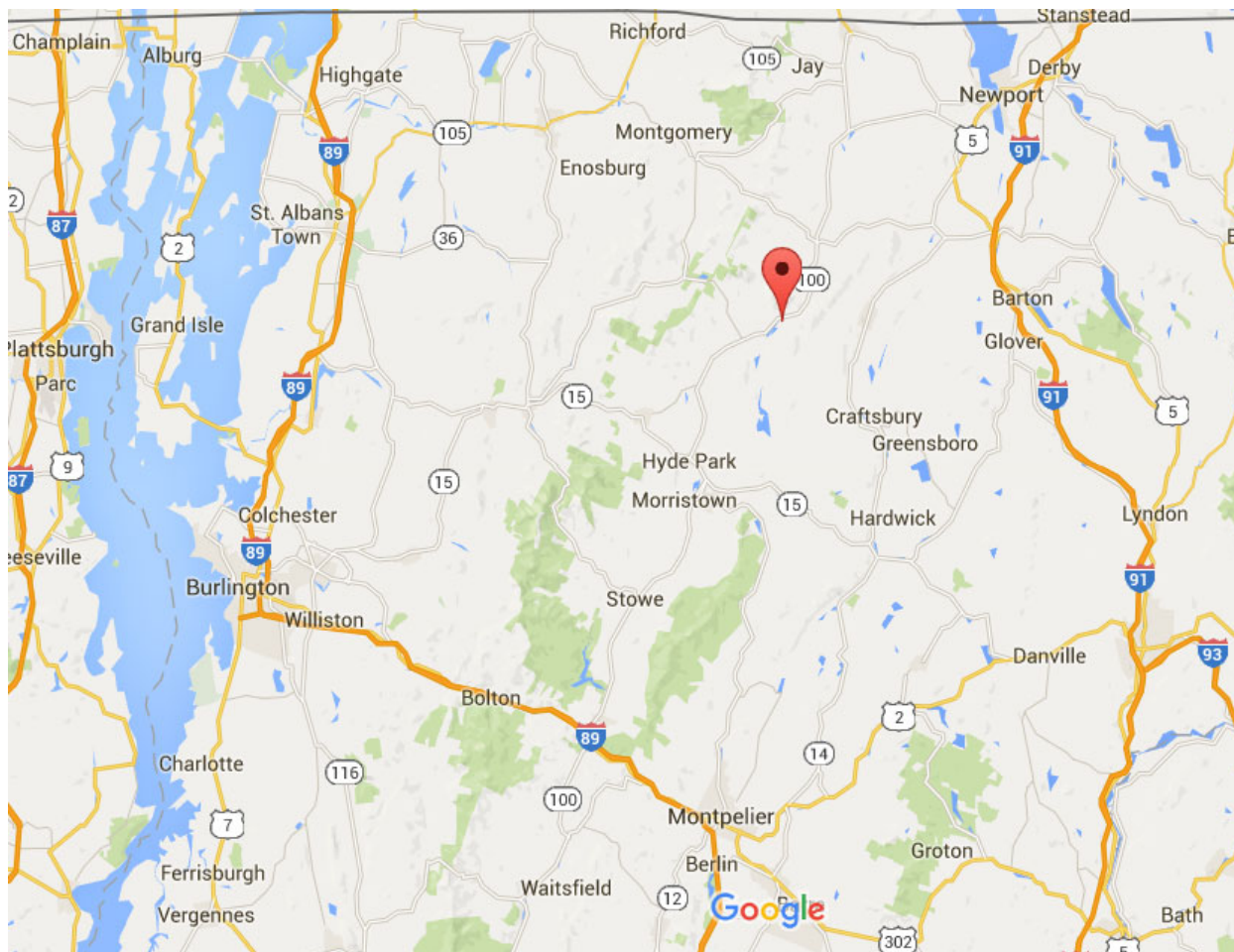
MNSR has a full-time year-round ranger living on site who is in charge of all property maintenance. He also overseeing programs at camp during the off season – such as our very popular and often sold-out Winter Trek weekends. He holds a certification from the BSA National Camp School Ranger Section and works closely with the Mt Norris Alumni Association on a variety of camp projects.

### **CAMP ACCREDITATION**

MNSR is licensed to operate by the State of Vermont, Agency of Human Services and receives formal authorization to operate from the Boy Scouts of America. The Vermont State Department of Health, the BSA's Regional Visitation Team, and the GMC's

Camping and Properties Committees certify that the camp adheres to all current health and safety guidelines. As a result of the hard work of many helping hands, MNSR has consistently received BSA national camp accreditation.

## DRIVING DIRECTIONS



From Interstate 89, take the **VT-100 exit, Exit 10** toward US-2/Waterbury/Stowe. Continue to **VT-100 north** to Morristown, about 20 miles. In Morristown enter the roundabout and take the 3<sup>rd</sup> exit onto **VT-15/VT-100**. Within two miles, enter another roundabout and take the **1st exit onto VT-100** heading north. In 12.6 miles the sign for MT Norris Scout Reservation is on your right and marks Boy Scout Camp Road. Turn right onto Boy Scout Camp Road and follow it to the large parking lot at the dining hall. For safety, please drive 5 MPH once you have entered camp property.



## COMMUNICATIONS TO AND FROM CAMP

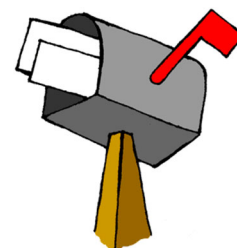


**In an emergency** parents should call the Council Service Center 802-244-5189 between the hours of 9:00 AM and 5:00 PM, Monday through Friday. Outside those hours, call 802-495-1120 (Camp Director) or 802-635-7415 (Camp Office – you will likely need to leave a message).

**AT&T** is the only reliable cell phone service in camp.

**Wi-Fi** is intermittently available at the camp office and on the porch. It is intended for use by leaders for necessary communication and access, and not for recreational use (no youth access). This resource is needed to operate camp and for other necessary functions. We thank you for your cooperation limiting its use.

**Outgoing mail** should be left in the mailbox on the porch of the camp office. A staff member will take it to the post office when picking up the day's incoming mail.



**Incoming Mail** to Scouts and leaders is distributed to their units by the site guides when it arrives. Mail usually takes two to three days to reach the camp. Mail should be addressed to campers as follows:

*Individual's name*  
C/o Mount Norris Scout Reservation  
Unit ###, \_\_\_\_\_ Campsite  
242 Boy Scout Camp Road  
Eden Mills, VT 05653

**\*\* Please confirm the final Campsite assignment before sending mail** – it may not be what was originally indicated by the Unit Leaders. Campsite assignments are finalized by the Camp Director based upon the final numbers attending each week and needs of the camp as a whole. Should mail not connect with the intended camper during their week, the staff will do our best to forward to the unit after camp.

## UNIFORMING

One of the METHODS by which Scouting achieves its aims is the uniform. We ask that Scouts and leaders wear their complete Cub Scout or SBSA uniform for evening retreat, at Vespers (Wednesday evening, 7:00 p.m.) and at the opening and closing campfires.





Appropriate activity uniforms (a Scout t-shirt with Scout shorts or pants) should be worn to breakfast and during the day's activities. Shirts and closed-toe shoes are always required. Open-toed shoes are only permitted in the shower house, at the waterfront and in your tent (travel to and from these exceptions require closed-toed shoes or sneakers and shirts to be worn).

## TRADING POST

It's difficult to say how much money a Scout should bring to camp to spend at the trading post. The amount they will spend depends on what merit badge books and materials they'll need and how much they are likely to spend on snacks and souvenirs.

In general, merit badge books cost \$5.00 and handicraft merit badge kits are about \$7 to \$10. Additional Camp T-shirts are around \$15.00 & Projects are from \$10 - \$25. We suggest \$60-\$75 as a reasonable amount, and request **it is in smaller bills; tens, fives, and ones**, to facilitate making change. We've worked hard to increase the amount & quality of items at the Trading Post. Suggestions for next year are always welcome.

A reminder that trading post accounts CANNOT be set up for units or scouts. The trading post does accept cash, checks and VISA, MasterCard and Discover credit cards.

**Ammunition:** Due to a continuing national shortage and escalating costs, we are again utilizing a debit card system for rounds at the ranges. This program was very successful in 2021 and will be continued this summer.

**Merit Badges:** Scouts participating in a Shooting Sports Merit Badge will be given a reasonable supply with which to qualify. Should additional rounds be required or desired, a card can be purchase at the Trading Post and brought to the firing range. Exact numbers will be published with the Merit Badge information upon registering.

**Open Shooting:** During open program area time, we welcome and encourage individuals, patrols, or units to bring an ammunition card purchased at the Trading Post with them to the Range and enjoy the Rifle and/or Shotgun ranges.

## DINING / FOOD SERVICES



Our Nutritionist approved menu and experienced chef prepared meals will be served from our Flynn Lodge dining hall. In an attempt to better plan for the dietary needs and comfort of our campers, we are asking to be informed at the time of registration and the information included in Black Pug of any allergies or medical needs of the camper (NOT WHEN

ARRIVING AT CAMP). Knowledge of this information prior to camp will allow us to review our program and initiate a dialogue with the parent/guardian to provide the most appropriate solutions. All dietary requirements (vegetarian, religious, etc.) need to be communicated to the camp prior to your arrival. If we believe that we will be unable to accommodate one of your allergies or requests, we will let you know. In cases of significant allergies, a camper may need to bring food from home (storage can be provided).

Breakfast and Dinner: We will be serving breakfast and dinner in the dining hall in 2 shifts. Information about when your unit will eat will be provided Sunday evening at the Leader Meeting. The menu will be posted on the camp website by June 15. We will serve cafeteria style again this year. One shift will be a mix of Cub Scouts and SBSA, and the other only SBSA. If a SBSA unit prefers to eat with the Cub Scouts please let the Camp Director know so we can plan for that. Breakfast will be family style (bowls on the tables) and dinner will be served cafeteria style.

Lunch: Lunch will again be “grab and go” style as was the case in 2021. Each Unit will have a form to fill out for the following day. For example, part of check in on Sunday will be completing this form for lunch on Monday. Lunches will be choice of sandwich meat on bulky rolls and will be prepacked into crates with fruit, desserts, condiments, chips, etc. for pick up by units between 12:00 pm and 1:00 pm. Since each unit will have its own schedule, you can choose what time works best for lunch. The crate will travel to wherever the unit chooses to eat and be returned to the dining hall by 2:00 pm for preparation for the following day. There will be plenty of food in the crate so no worries about hungry campers! Should your unit choose to complete these all at the beginning of the week that would be helpful to the kitchen as well.

We are returning to a Saturday morning departure option this year for Scouts BSA, and maintaining the Friday afternoon departure for Cub Scout campers. Saturday breakfast will be grab and go continental (bagels, muffins, fruit).

If you prefer to cook your meals in your campsite, please give us advance notice so that we can make sure we have the food needed. It is the responsibility of the unit to plan these meals, and the kitchen staff will do their best to provide the needed food.

## **FLAG CEREMONIES**

Flag ceremonies will be held before breakfast and dinner. The exact schedule for these ceremonies will be shared at the PreCamp Leader Meetings based upon Program schedules each week.

## **PROVISIONAL CAMPERS**

At MNSR we firmly believe that all Scouts who want to attend camp should be able to, no matter what week their unit is coming. Scouts are welcome to attend MT Norris as patrols, groups of friends, or on their own. Solo “Troops,” or groups with 10 or more Scouts will stay in their own campsites with a camp assigned Scoutmaster aged 21+ years and an assistant Scoutmaster aged 18+ years. Smaller groups or individual solo Scouts will be placed with a cooperating troop in that unit's campsite. Solo Scouts have the same opportunities as any other Scout in camp during the week.

## VENTURING



Venture crews are welcome at MT Norris for all weeks. Venturers who earned First Class rank as registered Boy Scouts are qualified until their 18<sup>th</sup> birthday to continue with Boy Scout advancement and are eligible to earn any of the offered merit badges.



We will also be offering some of the activity requirements for the Ranger Award. Program areas in camp will make every effort to incorporate Venturing awards requirements alongside the standard merit badges. We will be offering Cooking, Emergency Preparedness, Wilderness Survival, Ecology, and First Aid merit badges.

Coed Venturing crews are required to have at least one male and one female advisor, each of whom must be at least 21 years of age. Venturers must have a same-gender buddy. Provisional Venturers must also have a buddy of the same-gender.

## CAMP FEES

### 2022 SUMMER CAMP FEE SCHEDULE

We are pleased to announce our fees for our 2022 Green Mountain Council resident camping program. We will be offering a complimentary camp t-shirt for all scouts and leaders that pay their full camp fee by June 15, 2022 AND who have a size indicated in Black Pug. On June 15 we will be pulling from Black Pug shirt sizes so it is critical to enter that information before that date.

#### Green Mountain Council Summer Camp Fees

Co-Op Member Fee: \$400

Regular Fee - \$460 (Paid in full by April 30)

Full Fee - \$490 (if full payment is not made by April 30)

Adults - \$125 per adult over and above the free leader formula

1-4 Scouts: Leader fee is \$125 per Leader

5-16 Scouts: 2 Leaders Free, all others are \$125 each

17-24 Scouts: 3 Leaders Free, all others are \$125

25+ Scouts; 4 leaders free, all others \$125

The following is a more detailed explanation of each of the rates and discounts for all youth Scouts BSA.

## DEPOSIT

Full payment of the regular fee (\$460) must be made for each scout and be received in our Council Service Center no later than **April 30, 2022**. Scouts that do not make the full payment by April 30, 2021 will pay the Full Fee (\$490).

## CAMPERSHIP DEADLINE

**The campership deadline for all camps is April 1, 2022.** Our application can be found at <https://www.scoutingvermont.org/camperships.html> and must be accompanied by the \$250 camp deposit detailed above. An award decision will be made and reported to families no later than April 15, 2022.

## FULL FEE

If you did not make the full payment by 4/30/22, the full fee for each camp is \$490 and is due no later than June 15, 2022.

## MULTI-CAMP DISCOUNT

We are not offering this discount in 2022, we but encourage families to apply for Camperships.

## SIBLING DISCOUNT

We are not offering this discount in 2022, we but encourage families to apply for Camperships.

## NEW SCOUT REGISTRATIONS

Any new scout (registered in Cub Scouts or Scouts BSA after the deposit deadline of April 30) can attend any Green Mountain Council Resident Summer camp at the regular fee rate of \$460.

## COMPLIMENTARY T-SHIRT

We are again offering a complimentary t-shirt for all scouts and leaders registered for a full week of camp and have **paid their weekly fee in full by June 15, 2022 AND A SIZE ENTERED IN BLACK PUG**. We cannot order shirts if we do not have size information –

there will be some available in the Trading Post but it is the responsibility of the unit to provide this shirt size information.

Scouts and leaders attending GMC Summer Camp must have their full week fee paid in full and registration information (including t-shirt size) uploaded into Black Pug by June 15, 2022. Complimentary Leaders T-shirts will be provided for those leaders spending the entire full week. Please enter eligible leader(s) into Black Pug with their respective shirt size. Note: Leaders who split weeks will receive just one shirt. Additional camp T-shirts will be available for sale at the Trading Post or purchased ahead of time.

Out of council units must have proof of accident and sickness insurance. Units can get this information from their local Council Service Center. If your Council does not provide this, it can be purchased for \$5.00 per person from the Green Mountain Council Service Center. Green Mountain Council units already have this insurance.

If a unit or Scout cancels after May 1st, the unit forfeits \$100 per Scout. No fees will be refunded after June 15th except in extreme cases (i.e. death, hospitalization – having to attend summer school or a sporting event is not an extreme case). Please remember this money has already been invested by that time in June.

Deposits and paid fees are non-refundable but can be transferred to another NEW Scout not already on a unit's roster. Fees CANNOT be combined and credited to another Scout who is already signed up to attend camp.

**FOR THE LATEST INFORMATION GO TO:**

<http://www.scoutingvermont.org/camping>

## **CAMPSITES AND SUPPLIES**

Mt. Norris is very well equipped with campsite equipment. Each site has a rake, shovel, hose, broom, and scrub brush as well as a 7'-6" x 9'-6" wall tent for every two Scouts with cots. The Belvidere and Stratton campsites have lean-tos with bunks for up to four Scouts. Additional equipment or supplies may be requested for use through the Camp Commissioner or Camp Director and can be picked up at the quartermaster's shed behind the dining hall. Most sites have canvas cots but come prepared with your own sleeping pad or air mattress for additional comfort. There is not electricity in any of the campsites.

Campsite tents and equipment are a major expense in the operation of summer camp and we strive to maintain and upgrade as funds allow. Campsite equipment will be inspected and logged upon your arrival in camp and again before you check-out on Saturday. While we do not anticipate any problems, if necessary, your unit will be held responsible for the replacement cost of damaged equipment on a case-by-case basis.

### **CAMPSITE RESERVATIONS**

A unit may reserve its week at camp with a \$100.00 deposit (please refer to the Camp Fees section). This deposit is non-refundable but may be applied toward summer camp fees. Please remember that each campsite may have to be shared by one or more troops. Should this occur, we will contact units sharing sites to coordinate arrival times and any other necessary arrangements. We will always make our best effort to provide the campsite of choice, but it is at the discretion of the Camp Director and the needs of the camp to make a final determination.

	CAMPSITE	ACCOMMODATIONS	CAPACITY*
SBSA	Ascutney	Tents on outriggers	24
	Bromley	Tents on outriggers	24
	Equinox	Tents on outriggers and a cook-shack	20
	Jay Peak	Tents on outriggers	24
	Mt. Ellen	Tents on outriggers and a cook shack	24
	Mt. Mansfield	Tents on outriggers and a cook shack	32
	Okemo	Tents on outriggers (more remote)	16
	Sugarbush	Tents on outriggers & Leader's cabin	16
CUBS	Belvidere	Adirondack Lean-to's	32
	Mad River	4 – 4 person Cabins / Tents	20
	Stratton	Adirondack Lean-to's	32

\* Units may also bring personal/unit tents for both leaders and Scouts as an overflow option. Unit or personal tents are welcome and most sites have room to accommodate them.

## **CAMP CHECK-IN PROCESS**

Check-in at camp occurs on Sunday and can last a couple of hours, including a tour of the camp. To help move the process along, we recommend that the Scouts are already dressed in their swim trunks. Every camper will need to do a swim test on Sunday if they plan to use the waterfront if they have not done so before arriving at Mt. Norris. Due to the nature of the lake environment, **the camp does not accept pre-tests unless conducted by the camp aquatics staff.**

To make this process as smooth as possible, we have developed the following procedure:

**Units arrive at MNSR on Sunday at or after 1:00 p.m.** Please make every effort to arrive as a troop. If you need to arrive earlier than 1:00 p.m., please contact us in advance to make arrangements. A Troop Guide will be assigned to your unit and meet you in your site. Lunch will not be available on Sunday – please bring a brown bag lunch or eat before arriving at camp.

**Campers and leaders will report directly to their campsite.** We will not be asking units to wait in the parking lot for check in but to proceed directly to their assigned site. A team of administrative and medical staff will come to you and review all paperwork and medical forms for the unit. Once your entire unit is present, the Troop Guide may begin the tour of camp. All areas of Camp can be toured but swim tests cannot be completed before the check in with the Medical Staff.

**All Scouts and leaders must have a current and complete Annual Health and Medical Record (A, B &C).** You can download, fill out, and print your own copy by following this link:

**[http://www.scouting.org/filestore/healthsafety/pdf/680-001\\_abc.pdf](http://www.scouting.org/filestore/healthsafety/pdf/680-001_abc.pdf)**.

\* You must download the form - data will be lost if not downloaded prior to entering information.

**All persons taking any prescription medication must fill out the appropriate number of Routine Drug Administration forms (found in the Appendix – print clearly), prior to check-in so that they may be reviewed by the Health Officer. This will significantly expedite the check-in process!** Please present all necessary medical



paperwork AND MEDICATIONS in an original pharmacy container at check in to be reviewed by the health officer.

After the tour and swim checks, Scouts and leaders are invited to settle in and relax at their campsites until 5:30 p.m. at which time the entire camp will gather on the parade field outside of the dining hall. All should be in full field uniform. There will be important information shared, and the first flag ceremony of the week.

Sunday evening meeting: There will be a round table (meeting) of adult leaders and Senior Patrol Leaders (SPLs) following the second dinner to meet with key camp staff members and review details for the upcoming week. This will be at 7:00 on the porch outside of the office.

Opening campfire for the entire camp is at 8:00 p.m. Sunday evening in the Council Campfire Ring. **Taps and lights-out at 10:00 p.m.**

## **GENERAL POLICIES AND PROCEDURES**

### **TRANSPORTATION**

<https://www.scouting.org/health-and-safety/gss/gss11/>

Transportation to and from camp is the responsibility of the unit. We suggest drivers be selected well ahead of departure. Cars should not be overloaded and must be adequately insured.

You must carry at least Vermont state minimums on your auto insurance policy, which are \$25,000/\$50,000/\$10,000.

### **VEHICLES IN CAMP**

All vehicles must be parked in the dining hall parking lot for the week (or in other areas as directed by the Camp Ranger). For safety reasons, and in accordance with National BSA guidelines, only camp vehicles may be operated on camp roads. Only vehicles needed for mobility transportation will be allowed in a campsite after initial camper and equipment drop off Sunday afternoon. Unit trailers are allowed in site. Speed limit in camp is SLOW! Please keep all vehicles operating on camp property below 10 MPH.

## FIREARMS, AMMUNITION, AND ARCHERY EQUIPMENT

Ample equipment is available for all shooting sports programs offered as part of the camp program. Scouts and leaders **may not bring private firearms, ammunition, nor archery equipment** from home for use at summer camp. These will be confiscated and stored until your unit leaves camp on Saturday.



## CAMP HEALTH OFFICER

All first aid emergencies must be reported to the camp Health Officer immediately. Our Health Officer is specially trained in First Aid and OSHA Blood-borne Pathogens procedures and has developed a plan to work with the local agencies that provide emergency services to the camp. In an emergency, the camp Health Officer working with the Camp Director and Camp Ranger, will assume responsibility for the scene and will be in charge of the emergency scene until the arrival of outside emergency medical services.

## MEDICAL INFORMATION

### PHYSICAL EXAMINATIONS AND ANNUAL HEALTH AND MEDICAL RECORD



The Scouting adventure, camping trips, high-adventure excursions, and having fun are important to everyone in Scouting---and so is your safety and well-being. Completing the Annual Health and Medical Record is the first step in making sure you have a great Scouting experience.

The Boy Scouts of America requires that everyone who participates in a Scouting event have an annual medical evaluation by a certified and licensed health-care provider – a physician (MD or DO,) nurse practitioner, or physician assistant.

Following in-processing the camp health officer will keep a copy of the health and medical records locked in the health lodge. One step in your unit's out-processing is to retrieve these records. Camp staff and unit leaders must make every effort to always protect the privacy of unit participants by protecting their medical information.



**Anyone staying at MNSR longer than 72 consecutive hours must provide a completed Annual Health and Medical Record upon arrival.**

Please note that this record is available as a fillable PDF, and members are requested to fill it out on their computer, then print the record (rather than printing the record and filling it out by hand). Doing this will improve the readability and accuracy of each member's medical information and speed up in-processing. You can find a copy of this form in the appendix of this Leader's Guide or online at:

<http://www.scouting.org/scoutsource/HealthandSafety/ahmr.aspx>

**In order to save any information you add to the form, you must download and save the form first. Information is not saved when editing online.**

Parts A and B are to be completed at least annually by participants in all Scouting events. This health history, parental/guardian informed consent and release agreement, and talent release statement are to be completed by the participant and parents/guardians. (We will accept immunization records as attachments)

Part C is the physical exam that is required for participants in any event that exceeds 72 consecutive hours, for all high-adventure base participants, or when the activity is strenuous and demanding. Service projects or work weekends may fit this description.

**Part C is to be completed and signed by a certified and licensed health-care provider – physician (MD-DO), nurse practitioner or physician assistant.** It is important to note that the height/weight limits must be strictly adhered to when the event will take the unit more than 30 minutes away from an emergency vehicle, accessible roadway, or when the program requires it, such as backpacking trips, high-adventure activities and conservation projects in remote areas.

## **DRUGS, MEDICATIONS, AND ROUTINE DRUG ADMINISTRATION RECORD\***

The camp health officer must review all medications during check-in. Prescribed, self-administered medications for severe allergies, heart conditions, etc. must be reported to the camp Health Officer. Any medicine needed in an emergency may be carried by the Scout or leader (i.e. inhalers, epi pens). All other medicine will either be locked in the health lodge and dispensed by the camp Health Officer or, if a non-controlled substance, will be administered and logged/documented by the Unit Leader(s). A lockable box will be provided to Units requiring them. This is new for 2021.

Please advise us in writing a few weeks in advance of camp if you have any unusual medical requirements. Do not think your child will be fine without medicine for a week: make sure they have an adequate supply to last Sunday – Saturday. You **SHOULD NOT STOP** taking any maintenance medication unless instructed to do so by your doctor. As a reminder, we have had extensive experience with families who believed that Scout Camp would be a good time to give their Scout “a vacation from medication”. Especially in the case of medications for attention deficit disorders, this practice has not resulted in a good week for the Scout in question, his unit, peers and fellows, or the camp as a whole. **We strongly discourage this practice unless endorsed by the Scout’s medical provider.** Scouts taking any prescription medication will be interviewed by a qualified camp staff member upon arrival.

Note: **All medications must be in their original containers and presented to the Health Officer at the Medical check in on Sunday.**

**To facilitate the check-in process, parents need to fill out the appropriate Routine Drug Administration Record for their children.** The camp Health Officer will review and sign this form after completing an interview with the camper. Care in filling this form out will help move in-processing along. A fillable PDF fillable version is online. Go to:

[www.scouting.org/filestore/HealthSafety/pdf/RoutineDrugAdministrationRecordRevised2011.pdf](http://www.scouting.org/filestore/HealthSafety/pdf/RoutineDrugAdministrationRecordRevised2011.pdf)

## SCOUT EARLY RELEASE PROCEDURE

To ensure Scouts leave camp with an approved guardian any Scout leaving camp early must have a signed Scout Release Request. This form must be completed and signed by the unit leader, parent, and camp administration. We recommend all units stay in camp until Saturday morning to receive the full benefits of their week at camp. This and all other necessary forms can be found on the council website at <http://scoutingvermont.org> and click on camping and then Summer Camp 2022.

## HEALTH AND SAFETY

### ALCOHOL, DRUGS AND TOBACCO

Alcohol, marijuana, and illegal drugs are not permitted in camp. Any person found in possession or under the influence of alcohol, marijuana, or illegal drugs will be escorted out of camp. According to Youth Protection Guidelines, such instances will be reported to the scout executive for appropriate action. Any minor found in possession or under the influence will face similar consequences after a conference between the unit leader, camp director, and the minor's parent or guardian. It is the policy of the Boy Scouts of America and the Green Mountain Council that no one under the age of 18 years old may possess or use tobacco or vaping products. This includes but is not limited to, cigarettes, electronic cigarettes, cigars, pipes, snuff, chewing tobacco or any other form of tobacco. The unit leader in such instances should take appropriate disciplinary action. Smoking is permitted in designated areas only! Please ask the Camp Commissioner or Camp Director for these locations.



### LIQUID FUEL

Liquid fuel policies of the Green Mountain Council and the Boy Scouts of America permit the use of white gas and pressurized fuels for camp stoves, lanterns, etc. All use of fuel must be under the direct supervision of an adult and bulk quantities of liquid fuels (greater than a backpacking MSR bottle) must be stored in a secure flammable storage facility. See the Camp Ranger with any questions.

## VALUABLES

Make sure all valuables are locked in your vehicle or in a secure location in your campsite. Although theft is uncommon, it is still possible. The best policy is to limit the amount of valuables brought to camp. MNSR and the Green Mountain Council are not responsible for any damage to or loss of personal or unit equipment.

## ELECTRONICS



Electronic devices, including cell phones and pagers, are not to be used by staff or Scouts in the program areas, in the dining hall, during Vespers, or during other ceremonies except in an emergency. Scouts may only use electronic devices (including cell phones and pagers) in their campsites under the following conditions: they have permission of their Leaders, they have earned the Computer Chip, and their use does not interfere with the good order and discipline of the camp.

## TAPS

**All Scouts must be in their own campsite by 10:00 p.m. each night** unless participating in a program activity. After 10:00 p.m., the noise levels should be such that allows other campers to sleep without being disturbed. It is recommended that each unit sets a specific time for Scouts to be in their tents and to have lights out. Each day at this time each unit must do a head count and report any discrepancies to the camp director immediately.



Any Scout or leader willing to sound taps, reveille, or perform during the flag ceremonies, should contact the program director.

## EMERGENCY PROCEDURES

**\*\*A test of the camp's emergency alert system will be conducted during your first day at camp. This will be explained and demonstrated Sunday before dinner at the whole camp retreat. \*\***

## GENERAL PROCEEDURES

- In case of an emergency in camp, a siren will sound.
- All Scouts & leaders must report to the main parade ground on the south side of the dining hall.
- Staff report to the porch by the Camp Office.
- Adult unit leaders will conduct a roster check (not just a head count) as Scouts assemble.

- The Camp Commissioner will perform staff roster checks.
- Instructions will be given to unit leaders.
- After 10:00 pm, the alarm will not sound and a runner will be sent to the site to do a roster check.

## 1. LOST BATHER

- See general procedures above.
- Waterfront director runs “Lost Bather Drill” until the swimmer is accounted for.
- Camp Health Officer is notified and immediately goes to the Waterfront
- Camp Director sends a staff member to the “lost bather” site and other staff members to all areas in camp looking for the “lost bather”.

## 2. FIRE

- See general procedures above.
- Staff members assume responsibilities for the safety of the campers and leaders and lead them to safety. **Campers and staff should not fight fires unless they are easily contained; otherwise, leave the task to professional fire fighters.**
- The Camp Leadership and Health Officer are notified immediately in case of fire.
- Camp Leadership determines if additional outside help is needed to combat the fire upon report from the area where the fire occurs.

## 3. LOST PERSON PROCEDURE

- Report any person whom you suspect to be missing immediately to the Camp Director or a senior staff member. Do not delay reporting a missing/lost person. One of your leaders should wait in your site in case the missing person returns.
- The Camp Director will institute search procedures using the camp staff and; if need be, notify outside help.

## 4. SERIOUS INJURY OR DEATH

- The Camp Director should be notified as quickly as possible after the accident or discovery of the situation. Medical help will be dispatched.
- **All external communications will be handled through the Camp Director and Scout Executive.**

## 5. CHILD ABUSE

- Notify the Camp Director immediately upon suspicion. The report is to be kept confidential.

- Give the Camp Director as much information as you know.
- Do not conduct a personal investigation yourself; protect the dignity and privacy of all involved.
- If the child is in imminent danger, call 911.

## 6. WEATHER RELATED EMERGENCIES

Troops will be instructed as necessary depending on conditions. See list below.

### Flood

- See general procedures on top of page.
- When storm is over, resume activities.
- Camp staff should be prepared to act at any time during flood danger.

### Lightning Storm

- Report back to campsite unless already in a sheltered space.
- Take cover and stay low.
- When the storm is over, resume activities.
- Firefighting teams should be prepared to act at any time during storm.
- No aquatics or showers during thunderstorms.

### Tornado

- See general procedures.
- Staff will be dispatched to campsites to make leaders aware of the situation and have troops report to the dining hall; keep everyone inside.
- Open windows and doors in dining hall.

### High Winds

- See general procedures.
- Staff will be dispatched to campsites to make leaders aware of the situation and have troops report to the dining hall; keep everyone inside.
- People will be allowed to leave only when the U.S. Weather Bureau has declared the situation safe.

### Hailstorm



- Take cover in the nearest shelter or tent and let the storm run its course.

### Earthquake

- Report to your campsite.
- Staff will be dispatched to campsites to make leaders aware of the situation.
- Camp leadership will update participants based upon information from USGS through NOAA.

## YOUTH PROTECTION GUIDELINES

Summer camp is an integral part of Scouting's outdoor program. It is in the camp atmosphere and outdoor program that character building and citizenship purposes are best taught. If you have any concerns about Youth Protection in camp, contact the camp director immediately.

The following policies have been adopted by the Boy Scouts of America to provide security for the youth in our program. In addition, they serve to protect adult leadership from situations in which they are vulnerable to allegations of abuse.

**All Adults attending camp are required to have current Youth Protection certification & all Youth Protection guidelines must be strictly adhered to.**

### ADULT SUPERVISION

Two registered adult leaders 21 years of age or over are required at all Scouting activities, including meetings. There must be a registered female adult leader 21 years of age or over in every unit serving females. A registered female adult leader 21 years of age or over must be present for any activity involving female youth. Notwithstanding the minimum leader requirements, age- and program-appropriate supervision must always be provided.

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### ACCOMMODATIONS

Separate accommodations for adult males and females and youth males and females are required.

## TENTING

- Separate tenting arrangements must be provided for male and female adults as well as for male and female youth.
- Youth sharing tents must be the same gender and no more than two years apart in age.
- Youth and adults tent separately, including parent/child for SBSA Camp.
- Spouses may share tents.

## CAMP PROGRAM

### PROGRAM PHILOSOPHY

It is the mission of the Green Mountain Council, Boy Scouts of America to prepare young people to make moral and ethical choices over their lifetime by instilling in them the values found in the Scout Oath and Law, and providing opportunities for achievement, advancement, and leadership skills.

Summer Camp provides the place, the leadership, and the programs to achieve the aims of Scouting. Summer camp provides an organized setting for a Scout to learn and practice these skills. Under the unit's leadership and with camp staff support, Scouts are able to enjoy and experience a wide range of activities. The camp staff exists to serve your troop and to help your Scouts get the best possible experience at camp. Keep in mind, however, that the staff supplements your Unit leadership -- it is not a substitute for it.

At the Green Mountain Council camps, we believe a good program reflects the needs, interests, and goals of the individual, patrol, and unit. We strive to achieve a good balance of advancement, outdoor skills, adventure, and learning activities to complement your year-round program.

### SOME DOS AND DON'TS ON CAMP PROGRAMMING

- DO set the tone that will give your unit real class. Insist on good manners, good fellowship, clean sportsmanship, clean fun, and a clean camp.
- **DO require patrols or dens to plan and carry out activities they plan.**
- DO have enough programs to keep everyone busy.
- DO allow for and suggest some things to be done with a pal or two.
- DO be sure there is personal achievement, advancement, and **FUN** in the program.

- DO keep in personal touch with what's going on in the unit.
- **More than anything else, DO have fun!**
- DON'T allow too much advancement to be planned by the individual Scout. Camping should be relaxing and fun, too.
- DON'T be alarmed if things happen that are not in the schedule. Some circumstances warrant changes in plans.
- DON'T judge the success of camp solely by advancement. Ask: did the Scout have fun?
- DON'T give Scouts a title and a camp leadership job and then do it all yourself.
- DON'T permit a camp violation or error in operation to persist or continue. Stop and show – correct the situation. A Scout camp is an outdoor classroom. Be kind but firm when necessary.
- **Do enjoy yourself and don't hesitate to ask for help!!!**

## **CUB SCOUTS**

The Green Mountain Council Summer Camp Staff is ready to welcome Cub Scouts, their families, and leaders to Mt. Norris Scout Reservation for the 2022 Summer Camp season! We are happy you are joining us and we look forward to creating many happy memories with our younger campers. While the Scouts BSA will be in camp along with the Cub Scouts, each will have their own program and schedule.

### **PROGRAM ROTATION**

The main part of your day at camp will be spent rotating through our different program areas. By Sunday evening after check-in when everyone's rosters have been finalized your campsite will be broken into dens or "pods." These dens are the unit that will rotate through camp. This is done for a few reasons. The first is to manage the numbers of campers in each program area at a time. By keeping a den's size in the right spot, we maximize the quality of our classes and increase the hands-on time each camper has to participate - for example shooting time at the Archery and BB Gun ranges. Also, while we are not rotating by rank this year, we will attempt to form dens from campers of similar ages. This way the program content and teaching methods used can be tailored to your scouts.

Each program period is 35 minutes long, with a ten-minute passing time in between to travel from one to the other. From Monday through Thursday there are four periods in the morning period and four in the afternoon period.

Program Areas: BB Gun, Scoutcraft, Handicraft, Archery, Nature, Waterfront, Free Periods

Below is a general schedule that the Cub Scout campers will follow during their week.

### **EVENING EVENTS**

#### **OPENING CAMPFIRE**

On Sunday evening the entire camp staff puts on a show to welcome you to camp and set the tone and atmosphere for the rest of your week with us. Songs, skits, stories and surprises included. Fair warning leaders, audience participation highly likely.

#### **FIRST YEAR CAMPFIRE**

Monday evening after your first full day of program. All first-year campers, scouts and leaders alike will be guided from their campsite to the ceremonial fire ring by members of the Order of the Arrow. A unique campfire program is held just for you, including camp lore and SBSA origin stories, and some of our favorite skits/songs reserved solely for this event. Most importantly your official welcome into the Green Mountain Council Camping family a bond that will last a lifetime.

## **BEAR BAGS**

On Tuesday evening all campers of Bear rank will gather at Scoutcraft for a special event just for them. The proceedings are a surprise, but I can say it will be instructional, fun, safe, and... bear related.

## **WEBELOS STORYTIME**

We all love a loud and boisterous campfire. One of the greatest joys of camp life is the sense of camaraderie that comes with laughing and singing around the embers with your friends. When you get to be an older more seasoned camper however you are ready for the next step. For Webelos that step comes Tuesday night, with a (slightly) quieter, but equally enjoyable campfire. We tell you our favorite campfire stories, give you a try at our best riddles/games, let you in on camp legends and secrets only entrusted to older scouts, and teach you the all-important art of a properly made s'more.

## **AOL COOKOUT**

An evening time extension of the AOL program. On Tuesday while the rest of us head to Dinner in the Dining Hall, the AOL Patrols will go instead to the Scoutcraft area. There they will get lessons from the masters in all aspects of outdoor cooking, and the chance to cook their own meal over the campfire.

## **STAFF VISITS**

On Wednesday night the staff will come visit your campsite to share snacks and fellowship.

## **LEADER CRACKER BARREL**

While the staff are in your sites, leaders are welcome to come meet with the senior staff. A mid-week check in to talk about how your week is going and a few minutes of adult time to recharge you for the second half of camp.

## **AOL CAMPOUT**

Wednesday night our AOL Patrols and staff will head into the woods and spend the night in the wild at a special site all their own. A classic camp experience for our oldest campers.

## **CLOSING CAMPFIRE**

On Sunday, your welcoming day to camp, the staff entertained you. Now with nearly a week of experiences under your belt it's your turn to entertain the rest of camp.

## **CAMP THEME**

Our theme for this year is LEGENDS AND LORE!

Sunday/Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Each day will have its own new atmosphere and each era will affect the program in fun and challenging ways. Feel free to decorate your campsite and design pack costumes in your favorite era, or something new for each day.

## **SPECIAL DAYS**

### **EAGLE DAY**

On Tuesday we will be having our Eagle Scout Recognition day. There will be special exhibits and programs set up for the youth. Cub Leaders who are Eagle scouts are encouraged to wear their neckerchiefs and join us for Color Guard.

### **OA DAY**

Wednesday is OA day at camp. Flag ceremony will include a quick introduction to the Order of the Arrow to spark the Cub Scout imagination for the future. Adult Members of the order are encouraged to wear their sash throughout the day.

## **PACK PROJECTS**

# SCOUTS BSA

## FIRST CLASS ADVENTURE

First Class Adventure is a program for FIRST YEAR SCOUTS and is designed to teach the skills necessary to complete the Tenderfoot, Second Class, and First Class requirements. This is accomplished through a progression of skill training done in the First Class Adventure training area.



The Scoutmaster can use the program two ways. The First Class Adventure program will be held in two distinct time periods. A Scout cannot sign up for both time periods. There will be a morning session from 9:00 a.m. to 12:00 a.m. The afternoon session will be held from 2:00 p.m. to 4:00 p.m. The skills will be taught at the scheduled times so there can be a progression of learning; however, if a Scout has the skills for Tenderfoot and Second Class, they can work on First Class skills any time during the week. The skills are taught to the Scouts, but it is up to the Troop Leaders' Council to test those skills. Of course, some of our schedule is weather dependent, but we will try to adhere to the following schedule:

Monday we will practice how to raise, lower and fold the American flag. Each FCA Scout will get an opportunity to participate in a morning or evening flag ceremony before a meal.

Tuesday and Tuesday evening, there will be a campfire just for the FCA Scouts, and they will get a chance to sleep overnight in a tent that they help pitch.

Wednesday we do Totin' Chip and Firem'n Chit.

Thursday the Aquatics requirements (Scouts WILL get wet).

Friday an optional 5-mile hike with a trail snack leaving early in order to return in time for lunch. It is highly recommended that Scouts attend the 5-mile hike as several different requirements will be completed. However, it is a somewhat demanding hike and is not for those with more limited mobility or endurance. Our Staff will do their best to make it accessible for any Scout who wants to try. Scouters and older Scouts interested in helping with the hike are also invited to join. Also, each Scout or Scouter that climbs Mt Norris, will receive a special patch as a thank you for joining in on the adventure!



## SCHEDULE (THIS WILL CHANGE)

Summer camp is an opportunity for Scouts to work on advancement requirements that are often difficult to accomplish outside of camp. We offer advancement opportunities for Scouts at any stage of their Scouting trail.

Mt. Norris has a program schedule that fits in as much "fun with a purpose" as possible and at the same time provides flexibility enough to serve participants of various ages, experience, and skills. Mornings from 9:00 a.m. until noon are activity blocks I and II. Some morning programs, merit badges, or activity sessions will be three hours and take both blocks, others will take an hour and a half; block I or II. Afternoons from 2:00 p.m. until 4:00



p.m. is activity block III. We recognize some merit badges will not take more than one block and are generally flexible when it comes to when merit badges are offered. Always communicate your needs with our area directors. If a badge ends earlier than expected or a Scout finds themselves with free time during a merit badge period, the area directors or the program director can help them find if another class is available.

In addition to the 1-2:00 p.m. Siesta time, there is an open period from 4-5:00 p.m. Generally, this period has various program areas open up for additional activities (open ranges, open boating/swimming, tomahawk throwing, etc.), as well as additional merit badge work as needed.

Evenings from 7:00 p.m. until 9:00 p.m. will have multiple activities of varying duration depending on the weekday and the activity.

Flag ceremonies will take place before breakfast and before dinner; 7:50 a.m. and 5:50 p.m. respectively.

Throughout the week, we will schedule activities that strengthen the patrol method, such as competitions to enhance team building and to strengthen the bond between Scout Troops from around the state and the region.

Friday's schedule will offer Scouts an opportunity to catch up on merit badge requirements, learn new activities, hike to the summit of Mt. Norris and participate in camp-wide games.

## **EVENING AND OUTPOST ACTIVITIES**

Back by popular demand for 2022 - **Outpost camping**. Any Scout that is the rank of First class or above and is attending any long-term resident camp for their 3rd year may participate in our outpost camps.

Starting Tuesday evening, Scouts may sign up for an outpost adventure. These adventures will not interfere with the normal daily schedule. Scouts will leave camp before dinner and head to a campsite somewhere on Mt. Norris property. All gear (tents, stoves, food, and personal gear) will be delivered to the site. Scouts will be given a GPS and a waypoint. They must navigate to the designated campsite. They will prepare their dinner, enjoy a night in the woods camping out, have breakfast in the morning, and then return to camp before the daily activities start. In order to schedule an overnight, please see the Program Director as early as possible during the week to organize.

For **Evening activities**, we will have our Sunset Cruise on Lake Eden. Sign-up as an individual or Troop. Enjoy the evening canoeing or kayaking around the shore of Lake Eden. These cruises are available to both Scouts and Scouters, provided they have passed a Swimmer's test.

## Scouts BSA Summer Camp General Schedule

(IN PROGRESS)

### SELECTING MERIT BADGES

A Scout is at camp to have fun, not to be frustrated with incomplete merit badges. Camp is about each scout having fun, learning leadership skills, advancing in rank and learning new skills. Please make sure the Scouts and leaders keep this in mind as they choose merit badges.

Selecting merit badges depends on a variety of factors: the Scout's age, abilities, and the troop's year-round program. A review of individual Scout advancement desires and needs is suggested to be completed by late April. A pre-registration will be mandatory! If a unit does not participate in the pre-registration process Mt. Norris cannot guarantee a Scouts desired merit badge session will be available. During these planning sessions, distribute and discuss the degree of difficulty and the list of suggested requirements to be completed at home. Scouts should be instructed to choose through the list of available merit badges that he or she wants to earn in his week.

### MERIT BADGE PREREQUISITES

(work that cannot be done at camp)

The staff at MT Norris takes pride in the fact that every skill needed for a badge at camp is truly mastered. No merit badge requirements can be waived to make up for the fact that it cannot be completed in a camp situation. Every skill must be met for the merit badge to be earned, including those requirements that cannot be done at camp.

It is recommended that Scouts complete any requirements that they can before arriving at camp, particularly requirements that require extensive writing, extended record keeping, visits to specific events or places, etc. Scouts should bring their work or proof of their work to camp. Only in a few circumstances should unit leaders expect Scouts to complete written reports, letters, etc. while at camp. Please advise your Scouts that these need to be completed and brought to camp for submission to the appropriate merit badge counselor.

A list of badges with prerequisites is below. Scouts should familiarize themselves with the requirements for the merit badges they sign up for and complete prerequisites before coming to camp. Just because a merit badge does not have prerequisites listed below does not mean there might not be written work, research, or requirements that could be completed at home or with their unit more easily than at camp. For example, many badges

require the Scout to research jobs in the field related to the merit badge. While this *can* be completed at camp, it would be better to complete requirements like this beforehand.

(MERIT BADGE LIST AND PREREQS IN PROGRESS)

## **2021 MERIT BADGE OFFERINGS**

### **MERIT BADGE SCHEDULE**

(IN PROGRESS)

### **BSA AWARDS**

There are various awards available from the BSA that are not often mentioned as a part of advancement, but are easily attainable by most scouts during their time in Scouting with a little planning. It is possible you have earned some of these awards without even knowing you completed all the requirements. Particularly, older scouts who have completed First Class and are looking for new activities and merit badges to take may be interested in undertaking some of these awards, many of which one can make progress towards while at camp. A selection of these awards with relevant Merit Badges offered at camp are listed below. Ask your leaders or check the complete requirements on [Scouting.org](https://www.scouting.org) and see if you are interested in working on any of these.



**World Conservation Award:** This award can be completed by earning the following badges: Environmental Science or Sustainability, Soil & Water Conservation or Fish & Wildlife Management, and Citizenship in the World, as well as completing 3 hours of conservation work. Two of these Merit Badge requirements, as well as a conservation project, can be completed during your time at camp.



**National Outdoor Award:** If you have attended Philmont or another High Adventure base, you have probably already earned the Hiking section of this award. If you have completed Cooking, First Aid, and Pioneering merit badge, and been to camp for at least two years, you have probably completed the Camping section of this award. Strides towards the Conservation and Aquatics sections of the award can also be made here at camp. Various Merit Badges working towards various sections of this award have been noted in the Merit Badge table above.



**BSA Distinguished Conservation Service Award:** This new award replaces the William T Hornaday Award. While more intensive than the World Conservation Award, requiring 7 total Merit Badges and two planned conservation projects closer to the level of an Eagle project in intensity, this new award earns the Scout a medal and a knot, and is a much less achieved honor available to both Youth and Adults. Several of the required Merit Badges are offered here at camp, and you can ask the Ecology or Program Director for more information.

## CONSERVATION PROJECTS

Each troop is encouraged to participate in a conservation project at camp. A list of conservation projects has been compiled according to the Camp Conservation Plan. Please seek out the camp commissioner or Camp Ranger for a project. Projects include erosion control, stream improvement, forestry, perimeter trail development, and wildlife habitat enhancement. Please receive approval for all site improvements from the Camp Commissioner or Ranger before beginning any project(s).

This year Mt. Norris Scout Reservation will be assisting the greater Lake Eden community by assisting in removal of invasive species in the water surrounding our camp. This is an important mission, not only to keep our beautiful lake healthy but to be good neighbors to the surrounding residents and communities. If you have Scouts who are willing to assist in this challenging and worthy work, please let the Camp Director know.

## YOUTH LEADERS' COUNCIL

Scouting is a Youth Led, Youth Run organization. As such, it is important that each unit have a Senior Patrol Leader or other youth representative for camp. This youth leader will meet at various times during the week with the Program Director in order to share information and discuss any questions, concerns, or needs. Camp leadership is working to make your week in camp as fun and effective as possible, and the input of youth leadership

is important to that end. This council will work on camp-wide program and activities, as well as the Friday closing campfire. Your troop youth leadership decides a significant part of the day-to-day program opportunities. They are strongly encouraged to bring new suggestions and ideas to the table.

## LEADERS PROGRAM

In general, most activities available to Scouts are available to leaders as well, including a weekly horseshoe tournament. Adults are eligible to earn the Mile Swim and Polar Bear patch. In addition, some adult leader trainings will be available; such as Safe Swim Defense, Safety Afloat, Introduction to ILST, and others.

Leaders 18 and over can earn the Scoutmaster's merit badge (see following page for details).

## ORDER OF THE ARROW IN CAMP



The Order of the Arrow (OA) is an honor society for Scouts elected by their peers because of demonstrated leadership and camping ability. There are representatives of the Brotherhood in camp. They are available to talk to you and your Scouts about the Order of the Arrow. The Order of the Arrow service project will occur on Wednesdays during siesta, and Wednesday evenings the OA hosts a cracker barrel.

Members of the OA who have been an Ordeal member for at least 10 months may complete their Brotherhood conversion in camp on Wednesday night. Ask the OA Camp Chief for more information and to sign up.

## FRIDAY PROGRAM

As the last day of camp, Friday is filled with activities rather than merit badges (although this time is available if needed to wrap up requirements). As always, the FCA hike up Mount Norris will start the day. Additionally, our camp Pinewood Derby will be having heats throughout the morning and various program areas will host activities and games. The festivities begin with the family BBQ, which has been moved to 1:00 p.m. this year. Visitors are welcome; however, we ask that units provide reservations for extra meals to the camp director upon check-in. Visitors must follow camp visitor policy and report to the Camp Office upon arrival in camp. The closing campfire will begin after the BBQ and will end in time for Scouts and Units to leave camp by 3:00 p.m.



COOK-Out visitor tickets are available at the camp office or Trading Post.

Visitors 12 years and older	\$10.00 each
Visitors 6 years to 11 years	\$7.00 each
Younger than 6 years	Complimentary

## SCOUTMASTER'S MERIT BADGE

Mt. Norris is pleased to announce the continuation of the Scoutmaster's merit badge for the 2022 camping season. This special merit badge is only available to adult leaders that attend resident camp.

The purpose of this program is three-fold. We realize that there are troops that come to camp with many leaders. Many of these leaders may have spare time during camp and are always up for the challenge to "do a good turn daily." And, as the staff at Mt. Norris may fluctuate each week, some areas may need another hand depending on camp numbers.

In order to receive this award, there are requirements just like the Boy Scout merit badges. Completed requirements need to be kept track of and signed off by the appropriate staff member. These signed sheets should be handed in to the Program Director by Friday morning. Adult leaders that take part in this program will receive their award at the closing ceremony on Friday.

## OTHER CAMP AWARDS

In addition to Campsite inspections, back again this year are our competition awards:

**Patrol Spirit award.** Each patrol will be given a piece of blank wood to design for their patrol. It will be hung up on our bulletin board. At the end of the week, the staff will judge most unique and best overall.



**Tournament of Power Award:** A bracket Gaga ball competition for bragging rights

**Troop Cook-off.** Test your Dutch Oven cooking skills against other leaders and Units for a great prize. During Siesta on Tuesday, Scouts or Scouters can come to the Scoutcraft area and show off their camp cooking skills. Anything you can make in camp is a possibility. Units should come prepared with ingredients, which can be stored in the dining hall until Tuesday.

**Site inspection competition.** Our camp commissioner will stop by to inspect your site every day. At the end of the week, the site that has the best score will be declared the winner.

## Here is an example list of our day to day non-merit badge activities:

Monday:

- (6:30-7am) Polar Bear and Mile Swim Practice ~ Waterfront
- (1:00pm) Tournament Of Power ~ Gaga Ball Pit
- (1:00pm) Silk Screen / Tie Dye
- (4:00-5:00pm) Open Swim and Swim Lessons ~ Waterfront



- (7:00pm) Staff Hunt ~ Waterfront
- (7:00pm) Totin' Chit Training ~ Dining Hall
- (7:00pm) Tomahawk Throw

Tuesday:

- (6:30-7am) Polar Bear and Mile Swim Practice ~ Waterfront
- (7:35am) FCA Flag Ceremony Practice ~ Headstone
- (1:00pm) Tournament Of Power ~ Volleyball Court
- (1:00pm) Silk Screen / Tie Dye
- (4:00pm) Troop Cook Off ~ Scoutcraft
- (4:00-5:00pm) Open Swim and Swim Lessons ~ Waterfront
- (5:35pm) FCA Flag Ceremony Practice ~ Headstone
- (7:00pm) Tomahawk Throw
- (7:00pm) Leader Pow Wow on Yon Porch
- (7:00pm) Evening Cruise ~ Waterfront
- (8:00pm) FCA Campfire and Overnight ~ FCA Pavilion

Wednesday:

- (6:30-7am) Polar Bear and Mile Swim Practice ~ Waterfront
- (7:35am) FCA Flag Ceremony Practice ~ Headstone
- (1:00pm) OA Service Project/Interviews for Candidates
- (1:00pm) Tournament Of Power ~ FCA Field
- (1:00pm) Silk Screen / Tie Dye
- (4:00-5:00pm) Open Swim and Swim Lessons ~ Waterfront
- (5:35pm) FCA Flag Ceremony Practice ~ Headstone
- (7-7:20 pm) Scouts Own ~ Chapel
- (7:30pm) OA Brotherhood Conversions
- (8:00pm) Game Night ~ Dining Hall
- (9:00pm) OA Cracker Barrel ~ Keyser Lodge

Thursday:

- (6:30-7am) Polar Bear and Mile Swim Practice ~ Waterfront



- (7:35am) FCA Flag Ceremony Practice ~ Headstone
- (4:00-5:00pm) Open Swim and Swim Lessons ~ Waterfront
- (4:00-5:00pm) Pinewood Derby - Scouters
- (5:00pm) In-Site Dinner Food Pickup ~ Dining Hall

Friday:

- (7:30am) Hike Up Mt. Norris ~ Dining Hall
- (9:00am) Mile Swim ~ Waterfront
- (9:00-11:30) Camp wide activities
- (9:00-11:30) Pinewood Derby – Cubs & SBSA
- (1:00pm) Family BBQ
- (2:00pm) Closing Campfire

This schedule is subject to change based on staffing, participation, and interest. An accurate schedule will be communicated during camp every day and posted publicly.

## EMPLOYMENT

Are you bored and looking for something to do this summer? Do you like working with other Scouts teaching new skills? Maybe a job at Mt Norris, is what you are looking for. If you like a high-energy, fast-paced week full of fun, here is a link to our summer camp application. Scouts age 16 and older can enjoy a fun paying job for the summer.

[http://www.scoutingvermont.org/uploads/4/7/2/2/47226097/gmc\\_staff\\_application.pdf](http://www.scoutingvermont.org/uploads/4/7/2/2/47226097/gmc_staff_application.pdf)

What's that? You're not 16 yet? How about a Counselor in Training (CIT) job? See the description below. You can use the same application.

## COUNSELOR-IN-TRAINING (CIT) PROGRAM

The CIT (Counselor-in-Training) program is for Scouts who are 15 years of age by June 1st. Scouts interested in participating in the program should submit a staff application to the Camp Director. The program is geared to recruit potential staff members and expose them to the many facets of the summer camp program while preparing them for positions as staff members. The training syllabus is developed to teach them the various skills needed to be a successful staff member. Part of the training involves working alongside the program staff in their assigned areas. Time is allotted for work on merit badges.

The program runs over a single week period. Scouts who successfully complete the Counselor-In-Training program may be invited to return for a 2nd week. At the end of the

period, an evaluation of the CIT will be conducted to determine their qualification for future work at camp as a staff member.

The fee for participating in the CIT Program is \$125 for the week.

## LEADER'S PRE-CAMP CHECKLIST

Check off this list as you complete each task as part of your planning.

- ☐ Working with your unit committee, recruit and train assistant camp leaders.
- ☐ Attend one of the scheduled 'pre-camp' leaders meeting.
- ☐ Schedule your troop's parents' night and present Camp information.
- ☐ Using pre-registration materials, make sure all Scouts register for activity sessions by **June 15th**. Black Pug is used to register Scouts and Scouters for daily activities.
- ☐ Be sure to enter shirt sizes for any qualifying camper (they will not be ordered otherwise).
- ☐ Complete a roster of all Scouts going to camp. Do you have all the last-minute ones?
- ☐ Names, addresses, and phone numbers of all parents. Do you know where they can be reached in an emergency?
- ☐ Health and medical record forms, drug administration record, and a copy (both sides) of medical insurance card for each Scout and leader. No Scout or adult may register or remain in camp without one. Medical forms need all immunization dates, parent, and doctor signatures.
- ☐ All transportation arrangements made both to and from camp.
- ☐ Troop camping and program equipment (including troop tents, flags, tarps, and cooking equipment)
- ☐ Each Scout is properly equipped (See checklist! Have an equipment check just before camp! Discourage Scouts from being over-equipped.).
- ☐ All pre-camp program planning is completed, and leader has necessary information and records--Scout advancement goals--troop analysis (which youth leaders are going to camp, number of patrols, who cannot swim, etc.)
- ☐ Camping patrols have elected their leaders.
- ☐ All parents aware of plans--date, time, and place of departure, return date, time, and place of arrival, mailing and phone information, visiting day rules, etc.
- ☐ All Scouts and leaders properly uniformed (have summer uniform inspection at a troop meeting prior to camp). Leader has sufficient funds for emergencies.
- ☐ Troop First Aid Kit in good condition and ready to go.

- ☐ All tent assignments made on patrol basis (plan on 2-person tents).
- ☐ Troop SPL (or camp SPL elected) will be in camp.
- ☐ Balance of all fees paid.
- ☐ Troop committee has contacted parents of all Scouts not signed up for camp.
- ☐ Final Troop leaders' meeting; check on any last-minute program changes and updates.
- ☐ All papers ready.

## TROOP EQUIPMENT LIST

### Already in campsites:

- Two-person canvas wall tents on a platform
- Dining fly or pavilion
- Multi-spigot washstand (cold water)
- Bulletin board
- Campfire area
- Shovel
- Scrub-brush
- Cots
- Picnic Table(s)
- Latrine
- Flagpole
- Rake
- Hose
- 

### Available from the Quartermaster

- Toilet paper
- Latrine cleaning supplies
- Binder twine (for improvements)
- Dutch Ovens (limited quantities)
- Bow Saws
- Rakes
- Shovels
- Just ask! We want to help.

### Suggested troop equipment to bring

- U.S. flag for Flagpole
- Troop flag
- First Aid kit
- Lantern (battery)
- Saws & axes
- Dutch oven, reflector oven
- Spices

- Percolating coffee pot
- Merit Badge book library
- Leaders Guide
- Tents, if exceeding capacity in other sites or preferred to canvas/lean to
- Stew pot
- Cooking utensils

### **Suggested equipment for troop leader to bring**

- Recipes and supplies for Scoutmaster Cook Off
- Alarm clock (wind-up / battery)
- Radio for weather reports
- Lawn chair - portable
- Lantern
- Clipboard
- Thumb tacks
- Troop merit badge pamphlets
- Troop advancement reports
- Medical forms, copies for all
- Camp payment receipts
- Troop checkbook
- Troop insurance information (out of Council units)
- Pre-camp planning paperwork (pg. 32)
- Have vacation phone number of any parent/spouse who will be away during camp

It is advisable to bring a copy of each medical form: the original to turn in, a copy for your reference.

**Planning brings a good camp experience!**

## PERSONAL EQUIPMENT LIST

This is a suggested list of equipment for an enjoyable stay at camp. It does get rather cool in the evenings and each Scout should be prepared for this. Also, footlockers are recommended over duffel bags and packs, as they are easier to keep organized, can be locked, and may slide right under the bunks. It is a good idea to label items with your name and troop number.

CLOTHING	USEFUL EQUIPMENT
Complete Scout Uniform	Sunglasses
Underwear & socks	Sunscreen
T-Shirts	Daypack
Hats (for sun and for warmth)	Utensils & Mess Kit
Long pants and Shorts	Water bottles
Beach Towel	Flashlight and extra batteries
Swim Suit (see note below)	Scout Handbook
Jacket / warm hoodie	Writing implements
Raingear	Compass
Tissues / handkerchief	Insect repellant
Shower shoes / extra sneakers	Camp Chair
Hiking boots	First Aid Kit
	Trading Post money
BEDDING & OTHER ITEMS	OPTIONAL EQUIPMENT
Sleeping bag or warm blankets	Camera
Foam or air pad for comfort	Sewing kit
Pillow	Fishing gear
Soap & Towel (for shower and swimming)	Stationary and Stamps
Toothbrush and toothpaste	Bible / prayer book
<b>A note on swimwear:</b> Swimwear should be “modest and functional”. The activities that Scouts participate in at the Waterfront during summer camp require swimwear that will provide comfortable movement and that will remain reliably in place as intended. If there is any question please see the Camp Director.	

## PROHIBITED ITEMS

The Camp Leadership reserves the right to confiscate and prohibit items from either campers or adults. These items include:

- Fireworks
- Pets

- Alcohol / Marijuana
- Firearms
- Archery equipment
- Ammunition
- Illegal Drugs
- Chain Saws
- Knives with blades over 3 1/2" or fixed blades

Troop leaders are responsible for the supervision of their troop's youth and are not permitted to leave camp for the purpose of consuming alcoholic beverages, nor return after consuming alcoholic beverages.

## **APPENDICES**

**FIRST APPENDIX DOCUMENT**

## **DOCUMENT HISTORY**

Version	Date	Description
1.0	02.25.2022	Initial draft of complete rewrite and reformat without Program Information.