Mt. Norris Scout Reservation



2024 Camp Guide & Photo Keepsake

Happy 75th Anniversary to Mt. Norris Scout Reservation!

Thank you for joining us at Mt. Norris Scout Reservation this summer when we will celebrate our past and look forward to our very bright future together. In 1949 when Mt. Norris was formally established as a Scout Reservation, the world was quite different than today. But some things remain the same – we continue to provide a top-notch summer camp experience with highly dedicated Staff and deep commitment to a quality program. And we remain steadfast in our adherence to the Scout Oath and Law. These are our guiding lights as we have shifted from serving only young men to a much welcomed co-ed environment and also running programs for both Cub Scouts and Scouts BSA.

This guide will assist in your being prepared for your time at camp. One of the many benefits of coming to Mt. Norris for summer camp is our ability to be flexible and supportive of what your youth might need. We work hard throughout the year to prepare for your arrival, and will do all that we can to assist with special requests and accommodations. But we don't know unless we know what you need – so please ask! We are truly here to help.

On behalf of your amazing Summer Camp Staff – thank you for being part of our 75th anniversary celebration summer, and welcome to Mt. Norris Scout Reservation. I look forward to seeing you on you porch and all around our beautiful camp!

Yours in Scouting,



Alison Hampson Mount Norris Scout Reservation 2024 Summer Camp Director

Hello everyone and welcome to the 75th Anniversary of the Mount Norris Scout Reservation! We look forward to an exciting summer and this 2024 Camp Guide & Photo Keepsake provides most of the information your Troop or Pack leadership needs to make a decision to attend our beautiful 1,071-acres of scouting paradise. (Starting in February 2024 we plan to send out monthly information updates on program features that are not quite finalized at this time.) We produced and distributed this guide much earlier than previous years because we wanted to provide the tools for your early planning endeavor.

First-time visiting units will be amazed at our updated facilities, our well-situated and beautiful campsites, and merit badge and program activities sure to create memories for years to come. For those returning units—and we thank you, so much, for your continued support--plenty has changed just since last year.

Celebrating the 75th Anniversary of the MNSR will be fun and exciting and we are busy creating activities focused on this happy occasion. Thank you for considering the Mount Norris Scout reservation for your summer fun. It's worth the trip!

Yours in Scouting

Randy

Randy Gates

Mount Norris Scout Reservation 2024 Summer Camp Program Director

What's New for 2024!



New Program features for 2024 include:

New Floating Bounce Feature at the Waterfront!

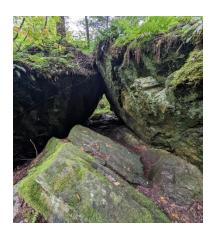
Let your inner child emerge while playing on this newly-acquired Waterfront addition!

Environmental Discovery Experience at Norris (EDEN)

Done as a fifth week of Camp, this new nature immersion program is a week-long synthesis of eight environmental-focused merit badges.

"Off-Camp" Excursion opportunities lead by Troop Leadership

Get to know the northern part of Vermont with day excursions from MNSR to local Northeast Kingdom attractions such as The Devil's Gulch" on the Long Trail; Big Falls State Park in Troy; or the International Border running through the Haskell Library in Derby.





Devil's Gulch on the Long Trail Eden, Vermont



Enhanced Fishing and Handicraft opportunities for Cub Scouts

New Merit Badges for SBSA: Disabilities Awareness, Hiking and Chemistry

Completed interpretation signage on the Mt. Norris Trail

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General Camp Information

Pre-Camp Leader Meeting

We **HIGHLY RECOMMEND** that at least one Leader from each Visiting Unit attend the pre-camp information meetings. So that those who attend Summer Camp can be better prepared, Camp Leadership will conduct at least one Zoom meeting to help answer any questions units may have. We will also record the meeting and provide access on the camp website. Dates and Zoom invite:

Monday, May 20th from 7:30 to 8:30 p.m. and Sunday, June 2nd from 7:30 to 8:30 p.m.

https://us06web.zoom.us/i/9925169790?pwd=NUFZM1piellNbFBESi9NZG9neDZnUT09

Contact Camp Director Alison Hampson (802-495-1120) or the Council Service Center in Waterbury, VT (802-244-5189) with questions/additional information related to the camp program, registration, and operation.

Camp Property

Mt. Norris Scout Reservation (MNSR) is owned and operated by the Green Mountain Council (GMC) of the Boy Scouts of America (BSA). Our scenic 1,071- acre property has been enjoyed by generations of Scouts and Scouters as a beautiful summer retreat for 75 years. With shoreline access to Lake Eden, trails to the summit of Mt Norris, and our enthusiastic and qualified staff, we strive to offer exciting and unique camping opportunities to Scouts from around the World.

Camp Staff

MNSR does its best to hire the most-qualified Scouts and adults available to serve on our camp staff. They are chosen for their knowledge of camp life, sense of Scouting's values and are committed to help your Scouts and units succeed. Area Directors hold a valid certificate of training from BSA's National Camping School or equivalent skills. In 2024, we have approximately 75% of our Camp Staff from last year returning.

Camp Ranger

MNSR has a full-time year-round Ranger living on site who oversees all property maintenance. He also supervises programs at camp during the off season such as our very popular and (often sold-out) Winter Trek weekends. He holds a certification from the BSA National Camp School Ranger Section and works closely with the Mt Norris Scout Reservation Alumni Association on a variety of camp projects.

Camp Accreditation

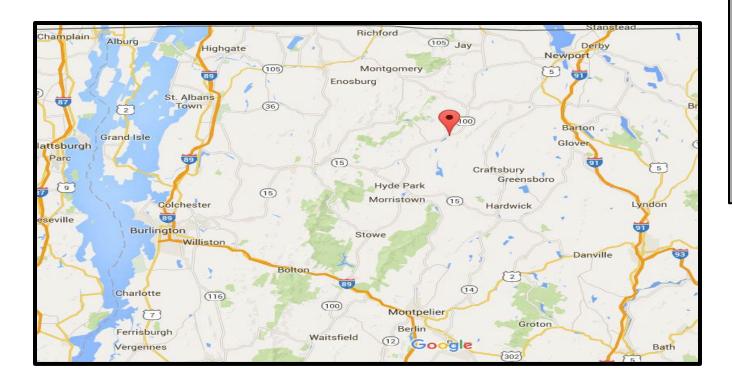
MNSR is licensed to operate by the State of Vermont, Agency of Human Services and receives formal authorization to operate from the Boy Scouts of America. The Vermont State Department of Health, the BSA's Regional Visitation Team, and the GMC's Camping and Properties Committees all certify that the camp adheres to all current health and safety guidelines. MNSR has consistently receives BSA National Camp accreditation and is our assurance to parents that their hard-earned dollars are used for a high-quality program.



Image from Camp Zack Woods II (Predecessor to MNSR)

From the Spring 1950 issue of *Vermont Life* Magazine

Driving directions to beautiful Mount Norris Scout Reservation



From Interstate 89, take the VT-100 exit, Exit 10, toward US-2/Waterbury/Stowe. Continue to VT-100 north to Morristown; about 20 miles. In Morristown enter the roundabout and take the 3rd exit onto VT-15/VT-100. Within two miles, enter another roundabout and take the 1st exit onto VT-100 heading north. In 12.6 miles the sign for MT Norris Scout Reservation is on your right and marks Boy Scout Camp Road. Turn right onto Boy Scout Camp Road and follow it to the large parking lot at the dining hall.

For safety, please drive 5 MPH once you have entered camp property.



Communications with Camp

In an emergency parents should call the Council Service Center, at 802-244-5189, and between the hours of 9:00 am. and 5:00 p.m., Monday through Friday.

Outside those hours, call 802-495-1120 (Camp Director) or 802-635-7415 (Camp Office – you will likely need to leave a message).

AT&T is the only reliable cell phone service in camp.

Wi-Fi is intermittently available at the camp office and on the porch. It is intended for use by leaders for necessary communication and access, and not for recreational use (no youth access). This resource is needed to operate camp and for other necessary functions. **We thank you for your cooperation limiting its use.**

Mail

Outgoing mail should be left in the mailbox on the porch of the camp office. A staff member or the Ranger will take it to the Post Office when picking up the day's incoming mail.

Incoming Mail to Scouts and leaders is distributed to their units by the site guides when it arrives. Mail usually takes two to three days to reach the camp. Mail should be addressed to campers as follows:

Individual's name
C/o Mount Norris Scout Reservation
Unit ###, _____Campsite
242 Boy Scout Camp Road
Eden Mills, VT 05653



NOTE: Please confirm the final Campsite assignment before sending mail – it may not be what was originally indicated by the Unit Leaders. Campsite assignments are finalized by the Camp Director based upon the final numbers attending each week and the needs of the camp as a whole.

Uniforming

One of the METHODS by which Scouting achieves its aims is the proper wearing of the uniform. We ask that Scouts and Leaders wear their complete Cub Scout or SBSA uniform for evening retreat, at Vespers, and at the opening and closing campfires.

Appropriate activity uniforms (a Scout t-shirt with Scout shorts or pants) should be worn to breakfast and during the day's activities. **Shirts and closed-toe footwear are always required.** Open-toed footwear is only permitted in the shower house, at the Waterfront and in your tent. (Travel to and from these exceptions require closed-toed shoes or sneakers.)

Flag Ceremonies

Flag ceremonies will be held before breakfast and before dinner. The exact schedule for these ceremonies will be shared at the Sunday evening Leader Meeting based upon Program schedules each week. The first evening flag ceremony will feature a quick explanation of drill and ceremonies, including the proper facing movements toward the flag. As a 75th Anniversary celebration, MNSR will fly the 48-Star flag; this was the official United States flag in 1949.



The official United States flag flown over Mount Norris Scout Reservation during our first summer in 1949 featured 48 stars.

In 1949, Hawai'i and Alaska were still on the drawing board as future states.

Trading Post

It's difficult to say how much money a Scout should bring to camp to spend at the Trading Post. The amount they will spend depends on what merit badge books and materials they'll need and how much they are likely to spend on snacks and souvenirs.

In 2024 we are not able to give complimentary T-shirts to Cub Scouts and SBSA. We will have a T-shirt available and it is likely to have a 75th Anniversary theme to it and cost around \$15.00. We are still developing a few merchandise ideas focused on the 75th Anniversary to include possible patches, neckerchiefs and clothing. We will keep you updated on this as decisions are made.

In general, merit badge books cost \$5.00 and handicraft merit badge kits are about \$7 to \$10. We suggest \$60-\$75 as a reasonable amount to bring and request **it is in smaller bills; tens, fives, and ones,** to facilitate making change. We've worked hard to increase the amount & quality of items at the Trading Post. Feedback from the 2023 Survey Forms confirms that Troops and Pack leadership appreciated the new Trading Post layout and the ease of flow to the check-out counter. Additional suggestions for next year are always welcome.

A reminder that trading post accounts CANNOT be set up for units or scouts. The trading post does accept cash, checks and VISA, MasterCard and Discover credit cards.

Ammunition (From the Trading Post)

Due to a continuing national shortage and escalating costs, we are again utilizing a debit card system for rounds at the ranges. The cost will be as follows: \$0.20 per round for rifle (10 or 50 per card); \$0.60 per round for shotgun (including the clay -5 or 10 per card for \$3.00 or \$6.00).

Shooting Sports Merit Badges: Scouts participating in a Shooting Sports Merit Badge will be given a reasonable supply with which to qualify. Should additional rounds be required or desired, a card can be purchase at the Trading Post and brought to the firing range.

Open Shoot: During open program area time, we welcome and encourage individuals, patrols, or units to bring a debit card purchased at the Trading Post with them to the Range and enjoy the challenge of skill and accuracy improvement with the Rifle and/or Shotgun.

Dining and Food Services

Our Nutritionist-approved menu and experienced chef-prepared meals are served in the Flynn Lodge dining hall. To better plan for the dietary needs and comfort of our campers, we ask you to inform us at the time of registration and include the allergy or medical requirements in Black Pug, (NOT WHEN ARRIVING AT CAMP). Having this information prior to camp will allow us to adjust our dining program and initiate a dialogue with the parent/guardian to provide the most appropriate solutions. All dietary requirements (vegetarian, religious, etc.) need to be communicated to the camp prior to your arrival. If we believe that we will be unable to accommodate one of your allergies or requests, we will let you know. In cases of significant allergies, a camper may need to bring food from home (storage and refrigeration will be provided).



Breakfast and Dinner: We will be serving breakfast and dinner in the dining hall in two shifts. Information about when your unit will eat will be provided Sunday evening at the Leader's Meeting. The menu will be posted on the camp website by June 1, 2024. One shift will be a mix of Cub Scouts and SBSA, and the other only SBSA. If a SBSA unit prefers to eat with the Cub Scouts please let the Camp Director know so we can plan for that. Breakfast and dinner will be served cafeteria style.

Lunch: Lunch will again be "grab and go" style as was the case last summer, lunches will typically be sandwiches prepacked into crates with fruit, desserts, condiments, chips, etc. and picked up by Units between 11:00 am and 12:00 pm. Since each unit will have its own schedule, you can choose what time works best for lunch. The crate will travel to wherever the unit chooses to eat and be returned to the dining hall by 2:00 pm and used for subsequent meals. There will be plenty of food in the crate so no worries about hungry campers!



Food prep during an overnight campout.
Image from Spring 1950 issue of Vermont Life Magazine.

Cub Scouts depart after lunch on Friday afternoon. SBSA units depart on Saturday morning after a *Grab and Go* continental breakfast (bagels, muffins and fruit).

If you prefer to cook your meals in your campsite, please give us advance notice so that we can make sure we have the food needed. It is the responsibility of the unit to plan these meals, and the kitchen staff will do their best to provide the needed food.

Outpost Cooking

ALL units cook one dinner in their sites – both SBSA and Cub Scouts. We will be providing the food and as always, units are invited to add to / embellish/supplement as desired. We hope to see some creativity and fun happening with this while some SBSA members complete Advancement and Cooking Merit Badge requirements. SBSA units will also prepare the following morning breakfast in their site with food provided by the dining hall.



Pre-meal Sing-a-Long in the Flynn Lodge Dining Hall

Provisional Troops

At MNSR we firmly believe that all Scouts who want to attend camp should be able to, no matter what week their unit is coming. Scouts are welcome to attend Mt. Norris as patrols, groups of friends, or on their own. Solo "Troops," or groups with 10 or more Scouts will stay in their own campsites with a campassigned Scoutmaster aged 21+ years and an Assistant Scoutmaster aged 18+ years. Smaller groups or individual solo Scouts will be placed with a Host Troop in that unit's campsite. Solo Scouts have the same opportunities as any other Scout in camp during the week. Confirmed Troops for Summer 2024 interested in also being a Host Troop should contact the Camp Director. Host Troops in 2024 will receive a special 75th Anniversary Camp Host streamer for their unit guidon.



Venturing

Venture crews are welcome at MNSR during the first four weeks of camp. Venturers who earned First Class rank as registered Boy Scouts are qualified until their 18th birthday to continue with Boy Scout advancement and are eligible to earn any of the offered merit badges.

Coed Venturing crews are required to have at least one male and one female advisor, each of whom must be at least 21 years of age. Visiting Venturers must have a same-gender buddy. Provisional Venturers must also have a buddy of the same gender.



Mount Norris (background) and MNSR Waterfront as seen from Lake Eden

Camp Fees

2024 Summer Camp Fee Schedule

We are pleased to announce our fees for our 2024 Green Mountain Council resident camping program. The Outdoor Adventure Committee and the Green Mountain Council Finance Committee worked hard to keep the camp fees competitive with four surveyed camps in NY, MA and NH. Keeping fees as low as possible means we are NOT able to offer a complimentary T-shirt this year.

Co-Op Member Fee: \$499

Regular Fee (Early Bird) - \$525 (Paid in full by April 30th)

Full Fee - \$555 (If full payment is not made by April 30th)

Adults - \$145 per adult over and above the free leader formula 1-4 Scouts: Leader fee is \$145 per Leader 5-16 Scouts: 2 Leaders Free; all others are \$145 each 17-24 Scouts: 3 Leaders Free; all others are \$145 25+ Scouts: 4 leaders free; all others \$145

Adult half-week is \$75.00

½ Week Cub Scout Option (Tigers, Wolves, Bears): \$400



Each registration requires a \$150 deposit, per Scout, not Troop or Pack

Full payment of the regular fee (\$525) must be made for each scout and be received in our Council Service Center no later than **April 30, 2024**.

Scouts that do not make the full payment by April 30, 2024 will pay the Full Fee (\$555).

The campership deadline for all camps is April 15, 2024.

The application can be found at

https://247scouting.com/forms/592-AidApplication

Applicants must be registered in the program they are applying for, and \$150.00 deposit paid. Campership awards are dependent upon the generosity of our donors, but typically do not exceed one-third of the camp fee. Award decisions will be reported to families by May 30th.

Out of council units must have proof of accident and sickness insurance. Units can get this information from their local Council Service Center. If your Council does not provide this, it can be purchased for \$5.00 per person from the Green Mountain Council Service Center. Green Mountain Council units already have this insurance.

If a unit or Scout cancels after May 1st, the unit forfeits \$150 per Scout. No fees will be refunded after June 15th except in extreme cases (i.e. death, hospitalization — having to attend summer school or a sporting event is not an extreme case). Please remember this money has already been invested by that time in June.

Deposits and paid fees are non-refundable but can be transferred to another NEW Scout not already on a unit's roster. Fees CANNOT be combined and credited to another Scout who is already signed up to attend camp.

Campsites and Supplies

Mt. Norris is very well equipped with campsite equipment. Each site has a rake, shovel, hose, broom, and scrub brush as well as a 7'-6" x 9'-6" walled tent for every two Scouts with cots. The Belvidere and Stratton campsites have lean-tos with bunks for up to four Scouts. Additional equipment or supplies may be requested for use through the Camp Commissioner or Camp Director and can be picked up at the Quartermaster's shed behind the dining hall. Most sites have canvas cots but come prepared with your own sleeping pad or air mattress for additional comfort. There is not electricity in any of the campsites.

Campsite tents and equipment are a major expense in the operation of summer camp, and we strive to maintain and upgrade as funds allow. The Mount Norris Scout Reservation Alumni Association works hard to update two campsites each year and committed to purchasing 12 new canvas tents each year. Campsite equipment will be inspected and logged upon your arrival in camp and again before you checkout on Saturday. While we do not anticipate any problems, if necessary, your unit will be held responsible for the replacement cost of damaged equipment on a case-by-case basis.

Campsite Reservations

A unit may reserve its week at camp with a \$100.00 deposit (please refer to the Camp Fees section). This deposit is non-refundable but may be applied toward summer camp fees. Please remember that each campsite may have to be shared by one or more troops. Should this occur, we will contact units sharing sites to coordinate arrival times and any other necessary arrangements. We will always make our best effort to provide the campsite of choice, but it is at the discretion of the Camp Director and the needs of the camp to make a final determination. The use of a Provisional Troop during each week of camp may mean one of the largest sites goes toward that need.

	CAMPSITE	ACCOMMODATIONS	CAPACITY*
	Ascutney	Tents on outriggers	24
	Bromley	Tents on outriggers	24
BSA	Equinox Tents on outriggers and a cook-shack		20
	Jay Peak	Tents on outriggers	24
SCOUTS	Mt. Ellen	Tents on outriggers and a cook shack	24
SC	Mt. Mansfield	Tents on outriggers and a cook shack	32
	Okemo	Tents on outriggers (more remote)	16
	Sugarbush	Tents on outriggers & Leader's cabin	16
S	Belvidere	Adirondack Lean-to's	32
CUBS	Mad River	4 – 4 person Cabins / 6 Tents	28
0	Stratton	Adirondack Lean-to's	32

Units may also bring personal/unit tents for both leaders and Scouts as an overflow option. Unit or personal tents are welcome, and most sites have room to accommodate them. We not able to accommodate the placement of campers/trailer campers in any of our campsites.

In 2023 MNSR began a Campsite Loyalty Program designed to recognize consistently-returning Troops and Packs to our beloved camp. Colored beads on a lanyard, representing the eleven campsites, are presented at the closing campfire each week. Each Troop or Pack visiting in 2024 will receive a special Red Bead signifying the 75th Anniversary of MNSR. The colors for each campsite include:

Belvidere Blue Jay Peak Olive White Okemo Ascutney **Turquoise Equinox** Black **Bromley** Maroon Stratton Orange Mt. Ellen Pink Mt. Mansfield Purple Yellow Sugarbush Mad River Hunter Green 75th Anniversary

Red



Camp Check-In Process

Check-in at camp occurs on Sunday and can last a couple of hours, including a tour of the camp. To help move the process along, we recommend that the Scouts are already dressed in their swimsuits. Every camper will need to do a swim test on Sunday if they plan to use the waterfront if they have not done so before arriving at Mt. Norris. Due to the nature of the lake environment, the camp does not accept pretests unless conducted by the camp aquatics staff.

To make this process as smooth as possible, we have developed the following procedure: Units arrive at MNSR on Sunday at or after 1:00 p.m. Please make every effort to arrive as a troop. If you need to arrive earlier than 1:00 p.m., please contact us in advance to make arrangements. A Troop Guide will be assigned to your unit and meet you in your site. Lunch will not be available on Sunday – please bring a brown bag lunch or eat before arriving at camp.

Incoming cars will be stopped in front of the Trading Post with attendance rosters confirmed by a staff member. Campers and leaders can then report directly to their campsite. A team of administrative and medical staff will come to you and review all paperwork and medical forms for the unit. Once your entire unit is present, the Troop Guide may begin the tour of camp. All areas of Camp can be toured but swim tests cannot be completed before the check in with the Medical Staff.

All Scouts and leaders must have a current and complete Annual Health and Medical Record (A, **B** &C). You can download, fill out, and print your own copy by following this link: https://www.scouting.org/health-and-safety/ahmr/ *You must download the form - data will be lost if not downloaded prior to entering information.

All persons taking any prescription medication must fill out the appropriate number of Routine Drug Administration forms (found in the Appendix – print clearly), prior to check-in so that they may be reviewed by the Health Officer. This will significantly expedite the check-in process! Please present all necessary medical paperwork AND MEDICATIONS in an original pharmacy container at check in to be reviewed by the health officer.

After the tour and swim checks, Scouts and leaders are invited to settle in and relax at their campsites until 5:30 p.m. at which time the entire camp will gather on the Parade Field outside of the dining hall. Everyone should be in their full field uniform. We will share some important information in addition to conducting our first flag ceremony...

Sunday evening meeting: There will be a Roundtable gathering of adult leaders and Senior Patrol Leaders (SPLs). You will meet with key camp staff members and review details for the upcoming week. This will be at 7:00 p.m. on the porch (referred to as Yon Porch) outside of the camp office.

Opening campfire for the entire camp is at 8:00 p.m. Sunday evening in the Council Campfire Ring. **Taps and lights-out at 10:00 p.m.**





MNSR Photo from the MNSRAA Archives. Early 1950s.

Physical Exams and the Annual Health and Medical

The Scouting adventure, camping trips, high-adventure excursions, and having fun are important to everyone in Scouting---and so is your safety and well-being. Completing the Annual Health and Medical Record is the first step in making sure you have a great Scouting experience.

The Boy Scouts of America requires that everyone who participates in a Scouting event have an annual medical evaluation by a certified and licensed health-care provider – a physician (MD or DO,) nurse practitioner, or physician assistant.

Following in-processing the Camp Health Officer will keep a copy of the health and medical records locked in the health lodge. One step in your unit's out-processing is to retrieve these records. Camp staff and unit leaders must make every effort to always protect the privacy of unit participants by protecting their medical information.

Anyone staying at MNSR longer than 72 consecutive hours must provide a complete Annual Health and Medical Record upon arrival.

Please note that this record is available as a fillable PDF, and members are requested to fill it out on their computer, then print the record (rather than printing the record and filling it out by hand). Doing this will improve the readability and accuracy of each member's medical information and speed up inprocessing. You can find a copy of this form in the appendix of this Leader's Guide or online at: http://www.scouting.org/scoutsource/HealthandSafety/ahmr.aspx

In order to save any information you add to the form, you must download and save the form first. Information is not saved when editing online.

Parts A and B are to be completed at least annually by participants in all Scouting events. This health history, parental/guardian informed consent and release agreement, and talent release statement are to be completed by the participant and parents/guardians. (We will accept immunization records as attachments)

Part C is the physical exam that is required for participants in any event that exceeds 72 consecutive hours, for all high-adventure base participants, or when the activity is strenuous and demanding. Service projects or work weekends may fit this description. Part C is to be completed and signed by a certified and licensed health-care provider – physician (MD-DO), nurse practitioner or physician assistant. It is important to note that the height/weight limits must be strictly adhered to when the event will take the unit more than 30 minutes away from an emergency vehicle, accessible roadway, or when the program requires it, such as backpacking trips, high-adventure activities and conservation projects in remote areas. Scouts must have their completed and physician-signed Part C when they arrive at camp.

Drugs, Medications and Routine Drug Administration



The camp health officer must review all medications during check-in. Prescribed, self-administered medications for severe allergies, heart conditions, etc. must be reported to the camp Health Officer. Any medicine needed in an emergency may be carried by the Scout or leader (i.e. inhalers, epi pens). All other medicine will either be locked in the health lodge and dispensed by the camp Health Officer or, if a non-controlled substance, will be administered and logged/documented by the Unit Leader(s). A lockable box will be provided to Units requiring them.

Please advise us in writing a few weeks in advance of camp if you have any unusual medical requirements. Do not think your child will be fine without medicine for a week: make sure they have an adequate supply to last from Sunday through Saturday. You **SHOULD NOT STOP** taking any maintenance medication unless instructed to do so by your doctor.

As a reminder, we have extensive experience with families who believed that Scout Camp would be a good time to give their Scout "a vacation from medication". Especially in the case of medications for attention deficit disorders, this practice has not resulted in a good week for the Scout in question, his unit,

peers and fellows, or the camp as a whole. We strongly discourage this practice unless endorsed by the Scout's medical provider. Scouts taking any prescription medication will be interviewed by a qualified camp staff member upon arrival.

Note: All medications must be in their original containers and presented to the Health Officer at the Medical check in on Sunday. To facilitate the check-in process, parents need to fill out the appropriate Routine Drug Administration Record for their children. The camp Health Officer will review and sign this form after completing an interview with the camper. Care in filling this form out will help move in-processing along. A fillable PDF version is available online. Go to:

www.scouting.org/filestore/HealthSafety/pdf/RoutineDrugAdministrationRecordRevised2011.pdf

Scout Early Release Procedure

To ensure Scouts leave camp with an approved guardian, any Scout leaving camp early must have a signed Scout Release Request. This form must be completed and signed by the unit leader, parent, and camp administration. We recommend all units stay in camp until Saturday morning to receive the full benefits of their week at camp. This form is available in the Appendices.

Health & Safety Alcohol, Drugs and Tobacco

Alcohol, marijuana, and illegal drugs are not permitted in camp. Any person found in possession or under the influence of alcohol, marijuana, or illegal drugs will be escorted out of camp. According to Youth Protection Guidelines, such instances will be reported to the Scout Executive for appropriate action. Any minor found in possession or under the influence will face similar consequences after a conference between the Unit Leader, Camp Director, and the minor's parent or guardian.

It is the policy of the Boy Scouts of America and the Green Mountain Council that no one under the age of 21 years old may possess or use tobacco or vaping products. This includes but is not limited to, cigarettes, electronic cigarettes, cigars, pipes, snuff, chewing tobacco or any other form of tobacco. The unit leader in such instances should take appropriate disciplinary action. Smoking is permitted in designated areas only! Please ask the Camp Commissioner or Camp Director for these locations.



Liquid Fuel

Liquid fuel policies of the Green Mountain Council and the Boy Scouts of America permit the use of white gas and pressurized fuels for camp stoves, lanterns, etc. All use of fuel must be under the direct supervision of an adult and bulk quantities of liquid fuels (greater than a backpacking MSR bottle) must be stored in a secure flammable storage facility. See the Camp Ranger with any questions.

Valuables

Make sure all valuables are locked in your vehicle or in a secure location in your campsite. Although theft is uncommon, it is still possible. The best policy is to limit the amount of valuables brought to camp. MNSR and the Green Mountain Council are not responsible for any damage to or loss of personal or unit equipment.

Transportation

Transportation to and from camp is the responsibility of the unit. We suggest drivers be selected well ahead of departure. Cars should not be overloaded and must be adequately insured.

You must carry at least Vermont state minimums on your auto insurance policy, which are \$25,000/\$50,000/\$10,000.

Vehicles in Camp

All vehicles must be parked in the dining hall parking lot for the week (or in other areas as directed by the Camp Ranger or Camp Director). For safety reasons, and in accordance with National BSA guidelines, only camp vehicles may be operated on camp roads. Only vehicles needed for mobility transportation will be allowed in a campsite after initial camper and equipment drop off Sunday afternoon. Unit trailers are allowed in site. Speed limit in camp is SLOW! Please keep all vehicles operating on camp property below 10 MPH.

Firearms, Ammunition and Archery Equipment



Ample equipment is available for all Shooting Sports programs offered as part of the camp program. Scouts and leaders **may not bring private firearms, ammunition or archery equipment** from home for use at summer camp. Upon discovery these items will be confiscated and stored until your unit leaves camp on Saturday morning.





Shooting Sports images From the MNSRAA Archives

Electronic Devices

Electronic devices, including cell phones and pagers, are not to be used by staff or Scouts in the program areas, in the dining hall, during Vespers, or during other ceremonies except in an emergency. Scouts may only use electronic devices (including cell phones and pagers) in their campsites under the following conditions: they have permission of their leaders, they have earned the Computer Chip, and their use does not interfere with the good order and discipline of the camp.



Taps

All Scouts must be in their own campsite by 10:00 p.m. each night unless participating in a program activity. After 10:00 p.m., the noise levels should be such that allows other campers to sleep without being disturbed. It is recommended that each unit sets a specific time for Scouts to be in their tents and to have lights out. Each day at this time each unit must do a head count and report any discrepancies to the Camp Director immediately.

Any Scout or leader willing to sound taps, reveille, or perform during the flag ceremonies, should contact the Program Director.



From the MNSRAA Archives Attributed to the early 1950s

Emergency Procedures

A test of the camp's emergency alert system will be conducted during your first day at camp. This will be explained and demonstrated Sunday before dinner at the whole camp retreat.

General Procedures

- In case of an emergency in camp, a siren will sound.
- All Scouts & leaders must report to the main parade ground on the south side of the dining hall.
- Staff report to the porch by the Camp Office.
- Adult unit leaders will conduct a roster check (not just a head count) as Scouts assemble.
- The Camp Commissioner or Program Director will perform staff roster checks.
- Instructions will be given to unit leaders.
- After 10:00 pm, the alarm will not sound and a runner will be sent to the site to do a roster check.

Lost Bather

- See general procedures above.
- Waterfront director runs "Lost Bather Drill" until the swimmer is accounted for.
- Camp Health Officer is notified and immediately goes to the Waterfront
- Camp Director sends a staff member to the "lost bather" site and other staff members to all areas in camp looking for the "lost bather".

Fire

- See general procedures above.
- Staff members assume responsibilities for the safety of the campers and leaders and lead them to safety. Campers and staff should not fight fires unless they are easily contained; otherwise, leave the task to professional fire fighters.
- The Camp Leadership and Health Officer are notified immediately in case of fire.
- Camp Leadership determines if additional outside help is needed to combat the fire upon report from the area where the fire occurs.

Lost Person Procedure

- Report any person whom you suspect to be missing immediately to the Camp Director or a senior staff member. Do not delay reporting a missing/lost person. One of your leaders should wait in your site in case the missing person returns.
- The Camp Director will institute search procedures using the camp staff and; if need be, notify outside help.

Serious Injury or Death

- The Camp Director MUST be notified as quickly as possible after the accident or discovery of the situation. Medical help will be dispatched.
- All external communications will be handled through the Camp Director and Scout Executive.

Child Abuse

- Notify the Camp Director immediately upon suspicion. The report is to be kept confidential.
- Give the Camp Director as much information as you know.
- Do not conduct a personal investigation yourself; protect the dignity and privacy of all involved.
- If the child is in imminent danger, call 911.

Weather Related Emergencies

Troops will be instructed as necessary depending on conditions. (These specific emergencies are ranked in likelihood of occurrence based on data with Vermont Emergency Management.)

Flood

- See general procedures on Page 18.
- When storm is over, resume activities.
- Camp staff should be prepared to act at any time during flood danger.

Lightning Storm

- Report back to campsite unless already in a sheltered space.
- Take cover and stay low.
- When the storm is over, resume activities.
- Firefighting teams should be prepared to act at any time during storm.
- No aquatics or showers during thunderstorms.

High Winds

- See general procedures on Page 18.
- Staff will be dispatched to campsites to make leaders aware of the situation and have troops report to the dining hall; keep everyone inside.
- People will be allowed to leave only when the U.S. Weather Bureau has declared the situation safe.

Hailstorm

• Take cover in the nearest shelter or tent and let the storm run its course.

Tornado

- See general procedures on Page 18.
- Staff will be dispatched to campsites to make leaders aware of the situation and have Troops report to the dining hall; keep everyone inside.
- Open windows and doors in dining hall.

Earthquake

- Report to your campsite.
- Staff will be dispatched to campsites to make leaders aware of the situation.
- Camp leadership will update participants based upon information from USGS through NOAA.









Some earliest pictures of Summer Camp at MNSR. In the present day Dining Hall field looking toward the Camp Office building. (From the MNSRAA Archives)

Youth Protection Guidelines

Summer camp is an integral part of Scouting's outdoor program. It is in the camp atmosphere and outdoor program that character building and citizenship purposes are best taught. If you have any concerns about Youth Protection in camp, contact the Camp Director immediately.

The following policies have been adopted by the Boy Scouts of America to provide security for the youth in our program. In addition, they serve to protect adult leadership from situations in which they are vulnerable to allegations of abuse. These policies include:

All Adults (anyone 18+) staying overnight are required to have current Youth Protection certification. All Youth Protection guidelines must be strictly adhered to.

Adult Supervision

Two registered adult leaders 21 years of age or over are required at all Scouting activities, including meetings.

There must be a registered female adult leader 21 years of age or over in every unit serving females. A registered female adult leader 21 years of age or over must be present for any activity involving female youth. Notwithstanding the minimum leader requirements, age- and program-appropriate supervision must always be provided.

All adults accompanying a Scouting unit who are present at the activity for 72 total hours or more must be registered as leaders. The 72 hours need not be consecutive.

One-on-one contact between adult leaders and youth members is prohibited both inside and outside of Scouting.

Accommodations

Separate accommodations for adult males and females and youth males and females are required.

Tenting

Separate tenting arrangements must be provided for male and female adults as well as for male and female youth.

Youth sharing tents must be the same gender and no more than two years apart in age.

Youth and adults tent separately, including parent/child for SBSA Camp. Parents may tent with their child for Cub Scout camp.

Spouses may share tents.

There may be cases where a Troop and a Pack from the same town want to camp close together but not actually together. For example, a Pack would be in the Cub-designated Mad River campsite and their Troop at adjacent Bromley campsite. All placement decisions are made by the Camp Director and should be brought to our attention as soon as possible during the registration process.

Camp Program

Program Philosophy

It is the mission of the Green Mountain Council, Boy Scouts of America to prepare young people to make moral and ethical choices over their lifetime by instilling in them the values found in the Scout Oath and Law, and providing opportunities for achievement, advancement, and leadership skills.

Summer Camp provides the place, the leadership, and the programs to achieve the aims of Scouting. Summer camp provides an organized setting for a Scout to learn and practice these skills. Under the unit's leadership and with camp staff support, Scouts are able to enjoy and experience a wide range of activities.

The camp staff exists to serve your Pack and Troop and to help your Scouts get the best possible experience at camp. Keep in mind, however, that the staff supplements your Unit leadership -- it is not a substitute for it.

At the Green Mountain Council camps, we believe a good program reflects the needs, interests, and goals of the individual, den/patrol, and unit. We strive to achieve a good balance of advancement, outdoor skills, adventure, and learning activities to complement your year-round program.



Baseball on what is now the Bromley Campsite field. (From the MNSRAA Archives)

Some "DOs on Camp

- DO set the tone that will give your unit real class. Insist on good manners, good fellowship, clean sportsmanship, clean fun, and a clean camp.
- DO require patrols or dens to plan and carry out activities they plan.
- DO have enough programs to keep everyone busy.
- DO allow for and suggest some things to be done with a pal or two.
- DO be sure there is personal achievement, advancement, and **FUN** in the program.
- DO keep in personal touch with what's going on in the unit.

More than anything else, DO have fun!

Some "DON'Ts" on Camp

- DON'T allow too much advancement to be planned by the individual Scout. Camping should be relaxing and fun, too.
- DON'T be alarmed if things happen that are not in the schedule. Some circumstances warrant changes in plans.
- DON'T judge the success of camp solely by advancement. Ask: did the Scout have fun?
- DON'T give Scouts a title and a camp leadership job and then do it all yourself.
- DON'T permit a camp violation or error in operation to persist or continue. Stop and show correct the situation. A Scout camp is an outdoor classroom. Be kind but firm when necessary.



MNSR Waterfront
(From the MNSRAA Archives)



Cub Scout Program Overview

Specific 2024 Program Information will come out in a separate document by March 2024

The Green Mountain Council Summer Camp Staff is ready to welcome Cub Scouts, their families, and leaders to Mt. Norris Scout Reservation for the 2024 Summer Camp season!

We are happy you are joining us and we look forward to creating many happy memories with our younger campers. While Scouts BSA will be in camp along with the Cub Scouts, each with have their own program and schedule.

Program Rotation

The main part of your day at camp will be spent rotating through our different program areas. By Sunday evening after check-in when everyone's rosters have been finalized your campsite will be broken into rank-based dens. These dens are the unit that will rotate through program areas together. This is done for a few reasons. The first is to manage the numbers of campers in each program area at one time. By keeping a den's size in the right spot, we maximize the quality of our classes and increase the hands-on time each camper has to participate. Such as with shooting time at the Archery and BB Gun ranges. This way the program content and teaching methods we use can be tailored to age-appropriate and rank specific targets.

Each program period is generally 35 minutes long, with a ten-minute passing time in between to travel from one area to the other. From Monday through Thursday there are four periods in the morning period and four in the afternoon period.

Program Areas include: BB Gun, Scoutcraft, Handicraft, Archery, Nature, Waterfront and Free Periods Below is a general schedule that the Cub Scout campers will follow during their week. **Based on feedback from 2023 Summer Camp, we are strengthening our goals in Handicraft.**

New Adventure-based and themed program ideas for Cub Scouts takes effect on June 1st 2024. Based on a multi-faceted feedback approach, Boy Scouts of America recently completed the overhaul of its entire Cub Scout Program. Bobcat is no longer its own rank, but rather, has transitioned into the first adventure requirement for the subsequent ranks. Another example of change is the Webelo rank for 4th graders and the Arrow of Light split away and focused on as the Boy Scout preparatory rank for 5th graders. Our summer Cub Scout staff will develop additional adventure-based programming to help with new requirements.

Evening Events

Opening Campfire

On Sunday evening the entire camp staff puts on a show to welcome you to camp and set the tone and atmosphere for the rest of your week with us. Songs, skits, stories and surprises are included. Fair warning leaders - audience participation is highly likely!

First Year Campfire

One evening all First-Year campers, scouts and leaders alike will be guided from their campsite to the ceremonial fire ring by members of the Order of the Arrow. A unique campfire program is held just for you, including camp lore and SBSA origin stories, and some of our favorite skits/songs reserved solely for this event. Most importantly your official welcome into the Green Mountain Council Camping family a bond that will last a lifetime.

Bear Bags

Campers of Bear rank will gather at Scoutcraft for a special event just for them. The proceedings are a surprise, but I can say it will be instructional, fun, safe, and... bear-related.

Webelos Storytime

We all love a loud and boisterous campfire. One of the greatest joys of camp life is the sense of camaraderie that comes with laughing and singing around the embers with your friends. When you get to be an older, more seasoned camper, however, you are ready for the next step. The Webelos will have a (slightly) quieter, but equally enjoyable campfire. We tell you our favorite campfire stories, give you a try at our best riddles/games, let you in on camp legends and secrets only entrusted to older scouts, and teach you the all-important art of a properly made S'more.

AOL Cookout

This is an evening time extension of the AOL program. On Tuesday while the rest of us head to Dinner in the Dining Hall, the AOL Patrols will go instead to the Scoutcraft area. There they will get lessons from the masters in all aspects of outdoor cooking, and the chance to cook their own meal over the campfire.

Staff Visits

One special (yes, we said that!) evening during the week, the staff will come visit your campsite to share snacks and fellowship. This was an incredibly popular and looked-forward-to event in 2023.

Leader Cracker Barrel

While the staff are in your sites, leaders are welcome to come meet with the senior staff. A mid-week check in to talk about how your week is going and a few minutes of adult time to recharge you for the second half of camp.

AOL Campout

The famous AOL campout! One night our AOL Patrols and staff with head into the woods and spend the night in the wild at a special site all their own. A classic camp experience for our oldest campers.

Closing Campfire

On Sunday, your welcoming day to camp, the staff entertained you. Now with nearly a week of experiences under your belt it's your turn to entertain the rest of camp.

Camp Theme

Our theme for this year is **Celebrating the 75th Anniversary of Mount Norris Scout Reservation!** We will closely tie the year 1949 to different things happening on camp. The Staff is going all out to prepare a "Back to the Future" feel as we journey through time to when our beloved camp first opened. We'll fly the 48-Star flag the entire summer and pretend we have a say in the establishment of the 49th and 50th states (Alaska and Hawai'i, of course), which eventually joined as States in 1959 There will be themed activities and 75th Anniversary-themed merchandise in the Trading Post.

We plan to create one time capsule for each week of camp so bring one SMALL item that represents your Pack or Troop such as a patch, note signed by all members or some other token that is important to your unit.

If a Scout or adult leader has any period uniform pieces from any era after 1949, please bring them to camp for a scrapbook modeling submission.

Special Days

Eagle Day

Cub Scouts are just beginning their journey to Eagle but it's never too late to learn about this lofty and impressive achievement. We will be having our Eagle Scout Recognition Day each week when there will be special exhibits and programs set up for the youth. Cub Leaders who are Eagle Scouts are encouraged to wear their neckerchiefs and join us for Color Guard.

OA Day

On OA day at camp, the flag ceremony will include a quick introduction to the Order of the Arrow to spark the Cub Scout imagination for the future. Adult Members of the order are encouraged to wear their sash throughout the day.

Pack Projects

Just ask ... we've plenty of things to do around Camp!

"A week of camp life is worth six months of theoretical teaching in the meeting room."

"The real way to gain happiness is to give it to others."



Our Scouting Founder Lord Robert Baden-Powell

"A fisherman does not bait his hook with food he likes. He uses food the fish likes. So with boys."

"We are not a club or a Sunday school class, but a school of the woods."

Cub Scout Personal Packing List

This is a suggested list of equipment for an enjoyable stay at camp. It does get rather cool in the evenings and each Cub Scout should be prepared for this. Also, footlockers are recommended over duffel bags and packs, as they are easier to keep organized, can be locked, and may slide right under the bunks. It is a good idea to label items with your name and Pack number.

CLOTHING	USEFUL EQUIPMENT
Complete Scout Uniform	Sunglasses
Underwear & socks	Sunscreen
T-Shirts	Daypack
Hats (for sun and for warmth)	Utensils & Mess Kit
Long pants and Shorts	Water bottles
Beach Towel	Flashlight and extra batteries
**Swimwear (see note below)	Scout Handbook
Jacket / warm hoodie	Writing implements
Raingear	Compass
Tissues / handkerchief	Insect repellant
Shower shoes / extra sneakers	Camp Chair
Hiking boots / comfortable walking shoes	First Aid Kit
	Trading Post money
BEDDING & OTHER ITEMS	OPTIONAL EQUIPMENT
Sleeping bag or warm blankets	Camera
Foam or air pad for comfort	Sewing kit
Pillow	Fishing gear
Soap & Towel (for shower and swimming)	Stationery and Stamps
Toothbrush and toothpaste	

A Note on Swimwear

Swimwear should be "comfortable, functional, and appropriate for the specific aquatic activity". The activities that Scouts participate in at the Waterfront during summer camp require swimwear that will provide comfortable movement and that will remain reliably in place and not hamper movement. If there is any question or concern, please see the Camp Director.

Reference:

https://filestore.scouting.org/filestore/se-packet/2022-04-04/Swimwear-Recommendations-For-Local-Councils-Final-03282022.pdf



Scouts BSA



Youth Leadership Council

Scouting is a Youth Led, Youth Run organization. As such, it is important that each unit have a Senior Patrol Leader or other youth representative for camp. This youth leader will meet at various times during the week with the Program Director in order to share information and discuss any questions, concerns, or needs. Camp leadership is working to make your week in camp as fun and effective as possible, and the input of youth leadership is important to that end. This council will work on camp-wide program and activities, as well as the Friday closing campfire. Your troop youth leadership decides a significant part of the day-to-day program opportunities. They are strongly encouraged to bring new suggestions and ideas to the table.

First Class Adventure (FCA)

First Class Adventure is a program for FIRST YEAR SCOUTS and is designed to teach the skills necessary to complete the Tenderfoot, Second Class, and First Class requirements. This is accomplished through a progression of skill training done in the First Class Adventure training area.

The Scoutmaster can use the program two ways. The First Class Adventure program will be held in two distinct time periods. A Scout cannot sign up for both time periods. There will be a morning and afternoon session offered. The skills will be taught at the scheduled times so there can be a progression of learning; however, if a Scout has the skills for Tenderfoot and Second Class, they can work on First Class skills any time during the week. The skills are taught to the Scouts, but it is up to the Troop Leaders' Council to test those skills. Of course, some of our schedule is weather-dependent, but we will try to adhere to the following schedule:

Monday we will practice how to raise, lower and fold the American flag. Each FCA Scout will get an opportunity to participate in a morning or evening flag ceremony before a meal.

Tuesday and Tuesday evening, there will be a campfire just for the FCA Scouts, and they will get a chance to sleep overnight in a tent that they help pitch.

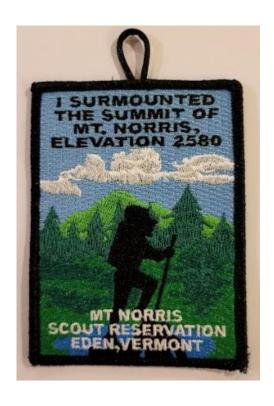
Wednesday we do Totin' Chip and Firem'n Chit





Thursday the Aquatics requirements (Scouts WILL get wet).

Friday we do an optional 5-mile hike and climb up Mt. Norris. We leave early and provide a snack and should return in time for lunch. It is highly recommended that Scouts attend the 5-mile hike as several different requirements will be completed. However, it is a somewhat demanding hike and is not for those with more limited mobility or endurance. Our Staff will do their best to make it accessible for any Scout who wants to try. Scouters and older Scouts interested in helping with the hike are also invited to join. Also, each Scout or Scouter that climbs Mt Norris, will receive a special patch as a thank you for joining in on the adventure





The Mt. Norris patch is a coveted keepsake from your week at summer camp. Not everyone earns it. The loop on the patch will let you hang it on your Scout uniform showing everyone the task you completed!

Schedule

Summer camp is an opportunity for Scouts to work on advancement requirements that are often difficult to accomplish outside of camp, for Scouts at any stage of their Scouting trail. However, we hope their time at camp will not solely focus on earning merit badges but that time will be left for other activities and making new friends. A lot of good things happen at summer camp other than advancement.

Mt. Norris has a program schedule that fits in as much "fun with a purpose" as possible and at the same time provides flexibility enough to serve participants of various ages, experience, and skills. We are continuing to work on an efficient schedule that maximizes available program area time. We develop additional programing based, in part, on survey information from the previous summer.

Mornings start early at 6:30 am with the newly restructured Polar Bear (also called "Early Bird") challenge. Each morning there will be a different program area to visit. Then, from approximately 9:00 a.m. until noon are program blocks I, II and III. Some morning programs, merit badges, or activity sessions

will be three hours and take all three blocks, others will take an hour or just one block. Afternoons from 2:00 p.m. until 4:00 p.m. will be activity block IV and V. We recognize some merit badges will not take more than one block and are generally flexible when it comes to when merit badges are offered. Always communicate your needs with our Area Directors. If a badge ends earlier than expected or a Scout finds themselves with free time during a merit badge period, the Area Directors or the Program Director can help them find if another class is available.

In addition to the 1:00-2:00 p.m. Siesta time, there is an open period from 4:00-5:00 p.m. Generally, this period has various program areas open up for additional activities (open ranges, open boating/swimming, tomahawk throwing, etc.), as well as additional merit badge work as needed. Evenings from 7:00 p.m. until 9:00 p.m. will have multiple activities of varying duration depending on the weekday and the activity.

Flag ceremonies will take place before morning program and before dinner. Throughout the week, we will schedule activities that strengthen the patrol method, such as competitions to enhance team building and to strengthen the bond between Scout Troops from around the state and the region.

Scouts BSA Summer Camp General Schedule

(Exact times and weekly schedule is under final preparation)

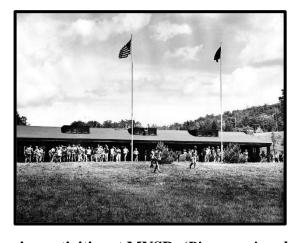
Morning schedule

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
6:30am				Polar Bear		
7:00am				Reveille		
8:15am			M	-l 0 Dl-f+		In-Site
8:30am			iviorning C	olors & Breakfast		Breakfast
9:00am			MB Session I			
9:30am						
10:00am						
10:30am						
11:00am			Special Sessions			
11:30am			303310113			
12:00pm						
12:30pm		Lunch				

Afternoon & Evening Schedule

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1,00,000						
1:00pm		Siesta			Lunch	
1:30pm						
2:00pm		MB Session IV				
2:30pm						
3:00pm	Check-In		MB Session V			
3:30pm			IVID	Session v		Camp-Wide
4:00pm						Programs
4:30pm		Open Period				
5:00pm						
5:30pm						
6:00pm		Evening Colors and Dinner				SBSA Dinner
6:30pm						
7:00pm						CDCA Clastica
7:15pm						SBSA Closing Campfire
7:30pm		Evening Activities			Campine	
8:00pm	Opening					See you next
8:30pm				year!		
9:00pm	Campfire					
9:30pm						morning
10:00pm		-	Taps & Lights	Out		departure)

In 2024 we really want to focus on a restful Siesta period. We scheduled too many things last year.





Evening activities at MNSR. (Pictures circa late 1960s. MNSR Alumni Association Archives)

Evening and Outpost Activities

If there is interest and the leadership is available, outpost camping can be arranged. Starting Tuesday evening, Scouts may sign up for an outpost adventure. These adventures will not interfere with the normal daily schedule. Scouts will leave camp before dinner and head to a campsite "somewhere" on Mt. Norris property. All gear (tents, stoves, food, and personal gear) will be delivered to the site. Scouts will be given a GPS and a waypoint. They must navigate to the designated campsite. They will prepare their dinner, enjoy a night in the woods camping out, have breakfast in the morning, and then return to camp before the daily activities start. In order to schedule an overnight, please see the Program Director as early as possible during the week to organize.

Evening activities

A variety of activities will be planned for after each dinner. These may include but are not limited to:

- **Sunset Cruise on Lake Eden**: Sign-up as an individual or Troop. Enjoy the evening canoeing or kayaking around the shore of Lake Eden. These cruises are available to both Scouts and Scouters, provided they have passed a Swimmer's test.
- **Game Night:** Join your friends old and new to enjoy a variety of games. Bring your own or grab one from the camp supply. The dining hall will be the center of activity for this fun evening.
- Chess Tournament: Channel your inner Garry Kasparov and take part in a multi-night bracket tournament.
- **Leader Activities:** There are new challenges in the works more details to come!

Look for updates each day on the big white board!

Monday Tuesday Wednesday **Thursday Friday** In-Site Troop Cook off **Evening Cruise OA** Service **In-Site Dinners** Breakfast Project & Staff Hunt FCA Campfire Mt. Norris Cracker Barrel & Overnight Climb Karaoke Vespers Baden-Powell Chess **Tournament** Games Ice Cream Social Open Areas Luau Day **Decade Duds** OA Day Wear clothing in The tackier the Wear your sash style from 1949 to Hawaiian shirt. and join the 1959 the better! various activities!

Daily Activities include: Polar Bear, Silk Screening/Tie Dye, Open Swim, Open Climb and Open Shooting Activities Each Week Include: Totin' Chip, Tomahawk Throw, Outpost Trip to Partridge and Let's Go Fishing

Merit Badges

Selecting Merit Badges

A Scout is at camp to have fun, not to be frustrated with incomplete merit badges. Camp is about each scout having fun, learning leadership skills, advancing in rank and learning new skills. Please make sure the Scouts and leaders keep this in mind as they choose MBs.

Selecting merit badges depends on a variety of factors: the Scout's age, abilities, and the Troop's year-round program. Troops should complete a review of individual Scout advancement desires and needs is by late April. If a unit does not participate in the pre-registration process Mt. Norris cannot guarantee a Scouts desired merit badge session will be available. During these planning sessions, distribute and discuss the degree of difficulty and the list of suggested requirements to be completed at home. Scouts should be instructed to choose through the list of available merit badges that he or she wants to earn during their week at camp.

We constantly review our Merit Badge offerings and complete a curriculum review prior to Summer Camp. Beginning with Summer Camp 2024, we will introduce a Merit Badge Rotation where one or two merit badges, per program area, are "rested" for a year or rotated with new offerings. For example, in 2024 we will not offer the *Oceanography* Merit Badge, but will offer *Chemistry*. Rotating Merit Badges on a yearly basis allows us to best utilize our staffing resources. We want to do fewer merit badges well, not a lot of merit badges poorly. If you haven't been to MNSR in over two years, you should notice the significant addition of new merit badges. In addition, there are one-time opportunities where adult expertise is at camp during a particular week and willing to teach something, for example, such as *Pulp and Paper* or *Home Repairs*.

Selecting your Merit Badges can happen starting on June 1st.

Returning new Merit Badges from 2023 include:



Pottery



Scouting Heritage



Geocaching



Collections

New Merit Badges for 2024 include:



Disabilities Awareness



Hiking*



Chemistry

Merit Badge Prerequisites

The staff at Mt Norris takes pride in the fact that every skill needed for a badge at camp is truly mastered. No merit badge requirements can be waived to make up for the fact that it cannot be completed in a camp situation. Every skill must be met for the merit badge to be earned, including those requirements that cannot be done at camp.

It is recommended that Scouts complete any requirements that they can before arriving at camp, particularly requirements that require extensive writing, extended record keeping, visits to specific events or places, etc. Scouts should bring their work or proof of their work to camp. Only in a few circumstances should unit leaders expect Scouts to complete written reports, letters, etc. while at camp. Please advise your Scouts that these need to be completed and brought to camp for submission to the appropriate merit badge counselor.

Scouts should familiarize themselves with the requirements for the merit badges they sign up for and complete prerequisites before coming to camp. Just because a merit badge does not have prerequisites listed below does not mean there might not be written work, research, or requirements that could be completed at home or with their unit more easily than at camp. For example, many badges require the Scout to research jobs in the field related to the merit badge. While this *can* be completed at camp, it would be better to complete requirements like this beforehand.

The May Addendum to this Camp Guide will detail more information on available Merit Badge offerings for 2024 as well as certain prerequisites

Focused Themed Weeks:

Such as with last year, we are adding in some special merit badge opportunities throughout the four weeks. These opportunities will occur during regular program times. They could be a great reason to come back for a second week.

Week 1: History and Citizenship. With our 75th Birthday, we look toward other history with the Scouting Heritage and American Heritage merit badge offerings. Playing games Lord Baden-Powell first introduced at Brownsea Island will be a highlight of this week. Citizenship in Society will be another Eagle-required merit badge offered during this week.

Week 2: STEM Splash. If you have an interest in STEM or Engineering, this could be just your thing! This will take place during regular program time, allowing for participation in other camp activities. Bring a white lab coat if you have one and be the Mad Scientist of the Week!

Week 3: Conservation. Our beloved Mount Norris Trail is showing its wear and tear. Help with rehabilitation projects and get a special streamer for your unit guidon. We'll have other projects to do as well. *Soil & Water Conservation* Merit Badge is available during this week.

Week 4: Aquatics Specialty Week. Our highly talented and energetic Aquatics Staff is offering some additional water-based opportunities just this one week. They will include BSA Lifeguarding, *Watersports Merit Badge*, *Motorboating* Merit Badge, and *Scub*a Merit Badge. So if water is your thing, this could be a fabulous week to be at camp!

A Fifth Week of programming at MNSR

Technically not considered Week 5 of Summer Camp, this additional week of programming is where we have placed NYLT for 2024 as well as the introduction of a special Ecology-focused program called the *Environmental Discovery Experience at Norris* or EDEN.

Intended Merit Badge and Certification Opportunities in 2024

Aquatics Merit Badges include *Canoeing, Kayaking, Lifesaving, Small Boat Sailing, Swimming, and Rowing Watersports (Week 3) Scuba (Week 3);* **Certifications:** Paddleboarding and Snorkeling. No merit badge rotation with Aquatics.

Handicraft Merit Badges include *Art, Basketry, Leatherwork, Photography, and Woodcarving.* Rotated Merit badge out is *Sculpture*. Merit badge rotation in is *Pottery*.

Ecology Merit Badges include: Astronomy, Environmental Science, Fish and Wildlife Management, Nature, Forestry, Soil & Water Conservation, Space Exploration, and Weather. Merit Badges rotated out include Sustainability and Geology. Merit Badges rotated in includes Bird Study (during the EDEN Program) and Chemistry.

Scoutcraft Merit Badges include: Camping, Cooking, Orienteering, Pioneering, Wilderness Survival and Exploration. Rotated out is Public Health. Rotated in is Signs, Signals and Codes. *Hiking Merit Badge will take two successive summers to complete.

Shooting Sports Merit Badges include: *Archery, Rifle Shooting and Shotgun Shooting.* There are no rotated merit badges in Shooting Sports.

Special Program Merit Badge Opportunities include: Chess, Climbing, Emergency Preparedness, Entrepreneurship, First Aid, Music, Scouting Heritage (Week 1), American Heritage (Week 1) and Citizenship in Society (Week 1). Rotated out is the Personal Fitness merit badge. Rotated is the Disabilities Awareness and Hiking Merit badges.



During the 1960's this Wooden Axe sign was set at the turn in onto Boy Scout Camp Road. Photograph from the Mt. Norris Scout Reservation Alumni Association Archives

Scouts BSA Personal Equipment List

This is a suggested list of equipment for an enjoyable stay at camp. It does get rather cool in the evenings and each Scout should be prepared for this. Footlockers are recommended over duffel bags and packs, as they are easier to keep organized, can be locked, and may slide right under the bunks. It is a good idea to label items with your name and troop number.

CLOTHING	HEEFIN FOUNDMENT
CLOTHING	USEFUL EQUIPMENT
Complete Scout Uniform	Sunglasses
Underwear & socks	Sunscreen
T-Shirts	Daypack
Hats (for sun and for warmth)	Utensils & Mess Kit
Long pants and Shorts	Water bottles
Beach Towel	Flashlight and extra batteries
**Swimwear (see note below)	Scout Handbook
Jacket / warm hoodie	Writing implements
Raingear	Compass
Tissues / handkerchief	Insect repellant
Shower shoes / extra sneakers	Camp Chair
Hiking boots	First Aid Kit
	Trading Post money
BEDDING & OTHER ITEMS	OPTIONAL EQUIPMENT
Sleeping bag or warm blankets	Camera
Foam or air pad for comfort	Sewing kit
Pillow	Fishing gear
Soap & Towel (for shower and swimming)	Stationary and Stamps
Toothbrush and toothpaste	Bible / prayer book

^{*}See Swimwear note on Page 26

Prohibited Items Included

The Camp Leadership reserves the right to confiscate and prohibit items from either campers or adults. These items include:

Fireworks Pets
Alcohol / Marijuana Firearms
Archery equipment Ammunition
Illegal Drugs Chain Saws
Knives with blades over 3 1/2" or fixed blades

BSA Awards

There are various awards available from the BSA that are not often mentioned as a part of advancement, but are easily attainable by most scouts during their time in Scouting and with a little additional planning. It is possible you have earned some of these awards without even knowing you completed all the requirements. Particularly, older scouts who have completed First Class and are looking for new activities and merit badges to take may be interested in undertaking some of these awards, many of which one can make progress towards while at camp. A selection of these awards with relevant Merit Badges offered at camp are listed below. Ask your leaders or check the complete requirements on Scouting.org and see if you are interested in working on any of these.



National Outdoor Award

If you have attended Philmont or another High Adventure base, you have probably already earned the Hiking section of this award. If you have completed Cooking, First Aid, and Pioneering merit badge, and been to camp for at least two years, you have probably completed the Camping strip for this award. Strides towards the Conservation and Aquatics sections of the award can also be made here at camp. The Program Director has additional information on what specific merit badges are needed for the Conservation and Aquatics strips.



World Conservation Award

This award can be completed by earning the following badges: Environmental Science or Sustainability, Soil & Water Conservation or Fish & Wildlife Management, and Citizenship in the World, as well as completing 3 hours of conservation work. Two of these Merit Badge requirements, as well as a conservation project, can be completed during your time at camp.



Distinguished Conservation Service Award

Merit Badges and two planned conservation projects closer to the level of an Eagle project in intensity, this new award earns the Scout a medal and a knot, and is a much less achieved honor available to both Youth and Adults. Several of the required Merit Badges are offered here at camp, and you can ask the Ecology or Program Director for more information.

Conservation Projects

Each troop is encouraged to participate in a conservation project at camp. A list of conservation projects has been compiled according to the Camp Conservation Plan. Please seek out the camp commissioner or Camp Ranger for a project. Projects include erosion control, stream bank improvement, forestry, perimeter trail development, and wildlife habitat enhancement. Please receive approval for all site improvements from the Camp Commissioner or Ranger before beginning any project(s).

Like last year, the Mt. Norris Scout Reservation will be assisting the greater Lake Eden community by assisting in removal of invasive species in the water surrounding our camp and attending information workshops. This is an important mission, not only to keep our beautiful lake healthy but to be good neighbors to the surrounding residents and communities. If you have Scouts who are willing to assist in this challenging and worthy work, please let the Camp Director know.

Leader's Program

In general, most activities available to Scouts are available to leaders as well, including a weekly horseshoe tournament. Adults are eligible to earn the Mile Swim and Polar Bear patch. In addition, some adult leader trainings might be available; such as Safe Swim Defense, Safety Afloat, Introduction to ILST, and others.

Assistant Ranger's Award

New and improved and worth your time!! The Scoutmaster's Merit Badge is now known as the Assistant Ranger's Award. This special recognition is only available to adult leaders that attend resident camp. The purpose of this program is three-fold: First, we realize that there are troops that come to camp with many leaders. Second, many of these leaders may have spare time during camp and are always up for the challenge to "do a good turn daily." Finally, as the staff at Mt. Norris may fluctuate each week, some areas may need another helping hand depending on camp numbers.

To receive this award, there are requirements similar to Boy Scout merit badges. Completed requirements need to be kept track of and signed off by the appropriate staff member. These signed sheets should be handed in to the Program Director by Friday morning. Adult leaders that take part in this program will receive their award at the closing ceremony on Friday.

Patrol Spirit Award

Each patrol will be given a piece of blank wood to design for their patrol. It will be hung up on our bulletin board. At the end of the week, the staff will judge most unique and best overall.

Scout Leader Sing Off:

A popular carry-over from last summer is Karaoke! Yes, you too can bring your best singer to compete for bragging rights (and a small prize). Leave your dignity at the door and grab the microphone!

Farthest Distance to Camp Award

A guidon streamer will be presented to the Troop and Pack that travelled the greatest distance to camp.

Camp Attendance Streamer

Given to the Pack and Troop with the greatest camp attendance to rechartered percentage.



The Order of the Arrow (OA) is an honor society for Scouts elected by their peers because of demonstrated leadership and camping ability. There are representatives of the Brotherhood in camp. They are available to talk to you and your Scouts about the Order of the Arrow. The Order of the Arrow service project will occur on Wednesdays during siesta. On Wednesday night the OA hosts a cracker barrel. Members of the OA who have been an Ordeal member for at least 10 months may complete their Brotherhood conversion in camp on Wednesday night. Ask the OA Camp Chief for more information and to sign up.



Looking South to Lake Eden from what is now the MNSR parking lot. From the Mt. Norris Scout Reservation Alumni Association Archives





Two 1949 images of Camp Zach Woods, now MNSR. From Vermont Life Magazine

Troop Equipment Lists

Already in each Campsite

Bulletin Board

Two-person canvas-walled tents on a wood platform Dining Fly or Pavilion

Multi-spigot washstand (cold water)

Campfire Area Shovel and Rake
Cots Picnic Table(s)

Latrine Flagpole Waterhose Scrub brush

Available from the Quartermaster

Toilet Paper Latrine cleaning supplies

Binder twine (for campsite improvements)

Dutch Ovens (limited quantities)

Bow Saws Rakes \$ Shovels

Just ask! We want to help.

Suggested Troop Equipment to Bring

United States Flag
First Aid Kit
Lantern (battery)
Saws & Axes
Dutch/Reflector Oven

Spices Leader's Guide

Percolating Coffee Pot Stew Pot

Merit Badge Book Library Cooking Utensils

Tents (if exceeding campsite capacity or preferred to canvas/lean-to

Troop Leader Recommendations to Bring

Recipes and supplies for Scoutmaster Cook-off

Alarm Clock (Wind-up or battery)

Portable Lawn Chair Lantern Clipboard

Thumb Tacks Troop Checkbook

Medical forms, (copies for all)

Camp Payment receipts

Troop Insurance Information (Out-of-Council units)

Pre-Camp Planning Paperwork

Vacation phone numbers of any parent/spouse who will be away during camp

Planning brings a good camp experience!

Early Release

Scouts desiring to leave camp prior to the unit's departure or not as a part of the unit must have a release signed by their parents and approved by the unit leader. Scouts will normally be permitted to leave only when accompanied by their parents. The form below must be used in handling all such departures.

In an emergency, it may not be possible for a parent or parents to sign the release. In this event, sufficient information must be recorded attesting to the telephone call or means of communication by which word arrived asking for the release of the Scouts. This information should document the person from whom the call was received, verify telephone confirmation of the parent asking for release of the Scout, and give detailed reasons for the requested release.

Request is made that			
Home address			
District	Unit #	Campsite	
Be permitted to leave the unit for t	he following reas	on(s):	
The Scout is to leave on: Date			
Accompanied by			
The Scout is to return on: Date		_ Time	
In signing this request for release Scout's parents or guardians mu that the BSA or its representative property. The request is made by emergency departure requests)	itually acknowled es shall not be lia	lge that there will be in the solution in the	no refund of the camp fee; and jury to the Scout's person or
Parent or guardian signature(s)			
Address Telephone # (H) Unit Leader's signature of appro-	(W)	Request ma	de (date & time)
Before leaving camp, Scout mus Approvals	On-S t check-out with	ite Release their unit Leader and	the Camp Headquarters.
Signed:	Unit	Leader, Unit #	Date:
Signed:	Cam	n Headquarters, Date	z.

Keep the original for use at time of release. Give parents a photocopy.

Alternate Camp Experiences

Mount Norris Scout Reservation has two additional programs outside the four weeks of Summer Camp. The first is Frontiers Camp which is an 8-day, 7-night themed experience. This year the camp runs from June 22nd through the 29th. Go to https://www.scoutingvermont.org/frontiers-camp.html for camp fee and additional information.

New for 2024 is a nature immersion program called EDEN, or Environmental Discovery Experience at Norris. This program is a synthesis of eight different merit badges (Forestry, Mammal Study, Nature, Weather, Soil & Water Conservation, Bird Study, Fish & Wildlife Management and Environmental Science.) This is a Provisional Troop experience and runs from August 4th through the 10th. Summer Camp rates on Page 11 apply.

Frontiers Camp



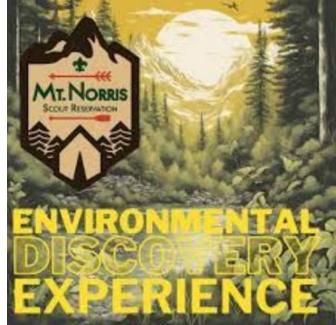
Environmental Discovery Experience at Norris















Become a *Pilot Pioneer* as we conduct this first-ever week-long nature immersion program called the Environmental Discovery Experience at Norris (EDEN). This pilot program will focus on the relationships between animal and plant life, the habitat in which they are found and how humans effect both. This experience will feature both classroom and field work. We will explore the many features of our 1,071-acre property to include climbing Mt. Norris and studying the broadleaf/conifer transition zone two-thirds of the way up to the summit. This camp has twenty available slots at the same fee schedule as summer camp.





Mt. Norris Scout Reservation Alumni Association, Inc. (MNSRAA)

MNSRAA has raised and invested over \$180,000.00 into MNSR since 2004





Just a few visible Alumni Association projects over the past several years include:

- Refurbished the Scoutcraft Building (seen above)
- Completed the building and staining of a new fishing equipment shed
- Purchased a new metal T-shaped fishing dock
- Replaced wooden latrine seats at Belvidere and Stratton campsites with new metal ones
- Built a new Scouts BSA Archery Range structure
- Repaired and repainted three Staff Village cabins
- Secured \$20,000 Friend of Scouting donation to build new 16' x 20' all-season staff cabin
- Refurbished the inside rooms of the Handicraft Building
- Reopened of two dormant campsites-Okemo and Mad River
- Built new Campfire seating and wood shed
- Expanded the Shotgun Range shelter
- Converted asphalt-shingeled roofing to metal roofing at the Belvidere and Mt. Mansfield latrines;
 at the Mt. Mansfield Cookshack; at the Mt. Ellen Cookshack; at the Shotgun Range shelter; at the Handicraft Building and the WinterTrek woodshed.
- Built new Shotgun and Archery Range storage sheds
- Built new Scoutcraft fire pits and axe yard
- Built new Axe yards at First Class Adventure
- Purchased a new Ice machine, stoves, freezers and refrigerators for the Dining Hall Kitchen
- Purchase new tents and cots on an annual replacement timetable

Established as a 501 © (3) volunteer organization in 2004, the <u>Statement of Purpose</u> is to "support the Green Mountain Council in developing and sustaining Mt. Norris Scout Reservation as a premier, fourseason camp to the benefit of all Scouts and adult leaders." Can you help us meet one or more of our 2024 objectives?

mtnorrisalumni@gmail.com & mtnorrisalumni.weebly.com



Mt. Norris Scout Reservation Alumni Association, Inc.

113 Center Road, Essex Junction, VT 05452

mtnorrisalumni@gmail.com http://mtnorrisalumni.weebly.com

Bylaws, Article V, Section 5.1 Members: Any person who supports the purpose of the [alumni association] may become a member and shall be entitled to all benefits of membership, subject to responsibilities of membership, as established by the Board of Directors. Make checks payable to MNSRAA. All donations are tax deductible. Less than \$5 of your dues goes to administrative and promotional expenses. One hundred percent of all donations go to fund camp improvement and maintenance projects. Your involvement and volunteer labor is of great value as well.

Membership Application

			Applicant In	formation	ı		
Full Nam						Date:	
	Last		First		M.I.		
Address:							
	Street Addr	ess					Apartment/Unit #
	City				State		ZIP Code
Phone:			Em	ail			
			. Enclosed please f	ind my annual	dues for		\$25.00
		dditional <i>unrestr</i>	icted donation: ed donation for:			. <u>\$</u>	
0 L	inclused is all a	uditional restrict	ca dolladoll loi			Ψ	
					Total Enclos	ed:\$	
		!	Scouting Histo	ry (option	al)		
_	Cub Scout	Webelos	Boy Scout _	Explorer	Venture		Adult Leader
Т	roop affiliation (if applicable):					

Employment

Are you bored and looking for something to do this summer? Do you like working with other Scouts teaching new skills? Maybe a job at Mt Norris, is what you are looking for. If you like a high-energy, fast-paced week full of fun, here is a link to our summer camp application. Scouts age 16 and older can enjoy a fun paying job for the summer.

https://www.scoutingvermont.org/camp-staff.html

What's that? You're not 16 yet? How about a Counselor in Training (CIT) job? See the description below. You can use the same application.

Counselor in Training (CIT) Program

The Counselor-in-Training Program is for Scouts who are 14 (supporting the Cub Scout Program) or 15 (supporting the SBSA program) years of age by June 1st. Scouts interested in participating in the program should submit a staff application to the Camp Director. The program is geared to recruit potential staff members and expose them to the many facets of the summer camp program while preparing them for positions as staff members. The training syllabus is developed to teach them the various skills needed to be a successful staff member. Part of the training involves working alongside the program staff in their assigned areas. Time is allotted for work on merit badges.

The program runs over a single week period. Scouts who successfully complete the Counselor-In-Training program may be invited to return for a 2nd week. At the end of the period, an evaluation of the CIT will be conducted to determine their qualification for future work at camp as a staff member.



Wait until you see what we have cooking for next summer! It's never too early to plan for 2025.