

## Join Us for Okpik 2019

### Okpik 2019 Program Staff

**Course Director**

Dr. C. Frederick Lord  
Calvin Coolidge District Chair

Stew Stryker  
Windsor Troop 218 Asst. Scoutmaster

Jon Hosford  
Green Mountain Council VP of Program

Miss Lucy Neel, RN  
Derby Troop 880 Scoutmaster

James Bachand and Lisa Walesewicz

Matt Walesewicz



**DATE:**

January 25-27, 2019

**TIME:**

Registration: 6:00pm (Friday)  
Program Start: 7:00pm (Friday)

**FEES:**

Early Bird \$45.00 before Jan. 5  
General \$50.00 after Jan. 5  
CPR Certification \$20.00(optional)  
Okpik book (optional) \$8.00

**LOCATION:**

Mt. Norris Scout Reservation  
242 Boy Scout Camp Rd Eden Mills,  
VT 05653

**REQUIRED:**

BSA Medical Part A&B  
BSA Youth Permission form  
(participants under 18)

**PROGRAM TOPICS:**

- Dressing for winter
- Winter gear
- Winter medical emergencies
- Risk management
- Menu planning for winter
- Outdoor cooking
- Building winter shelters
- Winter Leave No Trace
- Dress for successful sleep
- CPR Certification (\$20.00 fee), paid to Green Mountain Council
- Winter Night Sky



Okpik 2019  
—  
Winter Camping  
Training at  
Mt. Norris Scout  
Reservation  
—  
January 25-27

## Adult Leader-Specific Program

Embark on the greatest winter camping adventure that will ever challenge you as a Boy Scout. Okpik will give you the skills to go where few dare.

This two-day and two-night adventure develops confidence and skills in camping and living in the outdoors during extreme weather conditions. Receive training in physical preparation, cold weather dress, first aid and emergency procedures, food and water, and winter shelter building. This experience is the embodiment of the Boy Scout's motto to "Be Prepared" .

Okpik is state-of-the-art training to give leaders, (both youth and adult), confidence in taking groups into a cold environment and support a year-round camping program. Our cold weather training is appropriate only for those leaders and campers who already have basic Scouting skills and mild weather camping experience. Our training includes skills that can ensure a successful, fun and safe cold-weather camping experience. These must-know skills are important because cold-weather camping mistakes can be serious and certainly are not something upon which to build young Scout's experience.

## Youth Leader-Specific Program

Much like the adult version of the Okpik program, youth will learn safety during cold weather camping, first aid, dressing properly for the elements, shelter building and cooking skills.

Registration is limited to the first 20 paid youth participants. Youth participants must be 14 years old by the date of the Indoor Session; be at least First Class; and be approved by their home Troop Scoutmaster.

All participants must submit a completed Annual Health & Medical form at the Indoor Session (parts A, B). Youth participants must also submit a completed permission form at the Indoor Session. Participants must attend all sessions and patrol meetings to complete Okpik.



## GREEN MOUNTAIN COUNCIL

Green Mountain Council  
PO Box 557  
Waterbury, VT 05676-0557  
Phone: 802-244-5189  
Toll free: 800-704-3089  
Fax: 802-244-5259

**Early Bird Registration Deadline**  
**January 4, 2019**  
**Registration Deadline**  
**January 18, 2019**  
**Advance Registration Required**

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

CPR—Yes - No (circle one)

Book—Yes (Add \$8.00) - No

Make checks payable to  
Green Mountain Council



**Prepared. For Life.®**