



GREEN MOUNTAIN COUNCIL

-VIRTUAL CAMPOREE-

MAY 15-16 2020



The Green Mountain Council is happy to present a Spring Virtual Camporee.

We realize that it is so important to bring the program to all our families in these uncertain times. We will bring the program into your homes! With the help of modern technology, we can scout together during this free event. All activities, presentations, Scout talks, and videos will take place virtually on the
Virtual Camporee Facebook Page: <https://bit.ly/2YEcdk1>

During this national public health crisis, we want all our Scouts, Scouters, and our families to stay safe and healthy. We will see you on your next outdoor adventure when this phase of our lives is over. We want to thank all of the frontliners in our community for what they are doing and for making it possible for us to conduct programs like this. We will get past this, and we believe that when the world stops, Scouting continues!



BEFORE STARTING

HOW DO I SEND VIDEOS AND PICTURES TO THE COMMITTEE FOR THE CAMPOREE CHALLENGE?

Like every camporee, units have to work on different activities in order to get points. In this case the single scout/family will work on activities in their homes (yes, parents may help in these activities and siblings can participate too!). For this camporee the jury will determine the virtual camporee winners based on the pictures and videos submitted of the activities completed. Remember, you can get points only if you post a picture or a video of each activity that you do.

In order to send in the videos and pictures do the following:

Post videos/photos on the Virtual Camporee Facebook Page: <https://bit.ly/2YEcdk1>

In the post description write #GMCVirtualCamporee, Unit Number, Scout First Name, Scout Last Name Initial, activity [ex: #GMCVirtualCamporee, Troop 110, Keith C., Fire Starting]

IMPORTANT! Post pictures and videos of the activities as soon as you have completed them and no later than 4:30PM on Saturday. Please post skit videos for the closing campfire by 2PM on Saturday and the Messengers of Peace cards by 1PM on Saturday.

ONLINE SAFETY

This event will be online on social media, so before reading the agenda make sure to read the social media guide and adhere to the BSA Youth protection standards: <https://scoutingwire.org/social-media-guidelines/>

When posting something online during this camporee make sure not to write your physical address and your last name but please share your town, unit number, and first name. By submitting your videos and pictures you authorize the Green Mountain Council, BSA to use them for promotional purposes.

SHARE THE FUN

Share your excitement and experiences on social media with friends, neighbors and fellow campers using the hashtags #GMCVirtualCamporee #ScoutingAtHome before, during and after the event.

GET YOUR VIRTUAL CAMPOREE PATCH!

Find the Virtual Camporee Patch Order Form on Appendix 7 (p. 15)



**THIS EVENT IS
FREE AND OPEN
TO EVERYONE!**

Don't forget **TO INVITE
NON-SCOUT FAMILIES** in your
neighborhood.

By doing
that you
will receive
25 POINTS
for the
challenge!





FRIDAY MAY 15TH 2020

GO TO THE VIRTUAL CAMPOREE FACEBOOK PAGE AND FOLLOW THE EVENTS:

<https://bit.ly/2YEcdk1>

4PM Video of Billy the camp chef on how to make the Breakfast Recipe (see Appendix 1, p.9, to find the list of ingredients and tools that you will need)

6:30PM Welcome and opening ceremony from Camp Sunrise. Flag down and announcements on next day's activities

6:45PM Cracker barrel for adult unit leaders and SPL in a ZOOM meeting. Prepare your favorite snacks and enjoy them while chatting all together on Zoom!

Use this link to register: <https://bit.ly/3dC9KuE>

7:15PM Adult unit leaders and SPL should connect with their units and let them know more details and answer questions

BY 9PM Scouts, you should have your tent and camping gears set up in your backyard. If you don't have access to an outdoor area, get creative and try to build a tent inside your home!

Post your tent pictures by 9PM of your Camp-In Tent to Facebook (see post instructions).

SATURDAY MAY 16TH 2020

**GO TO THE VIRTUAL CAMPOREE FACEBOOK PAGE
AND FOLLOW THE EVENTS:** <https://bit.ly/2YEcdk1>

9AM Welcome to all and Flag Ceremony live from Camp Sunrise.

We will live broadcast a flag raising ceremony from Camp Sunrise. Scouts should follow along and do the pledge of allegiance, Scout Oath, and Scout Law at home.

9:15AM Prayer for those affected by COVID-19 Performed live broadcast from Camp Sunrise. Scouts should pay their respects according to their own customs.

9:20AM Video of Billy the camp chef on how to make a lunch recipe (see Appendix 2, p.10, to find the list of ingredients and tools that you will need).

9:30 AM- 3, 2, 1...GO!
THE CAMPING ACTIVITIES HAVE OFFICIALLY STARTED!



FROM 9:30 AM TILL 4:30PM You will be able to work on your scavenger hunt and other camporee activities (see page 8). There are 2 scavenger hunts, one for Packs and one for Troops. Please see Appendix 3 and 4 to discover the activities (p. 11-12).

FROM 10AM TILL 11:30AM

- **Hike, run or bike** (1 miles for Cubs) (2,5 miles for Scouts BSA, Venture and Explorers).
- If you don't want to hike, run or bike, **record your skit and send it in!**

AT 11:30 Start preparing all the materials for the DNA experiment!

YOUR ARE A MESSENGER OF PEACE !

Invite the grandparents and seniors in your neighborhood to join the Virtual Camporee!

1- Find the invitation card in Appendix 6, p. 14

2- Send the card by email or hand delivery

3- Record a video with your greetings and **post it on the Facebook Page event by 1PM** on Saturday.





WHILE ON THE HIKE, RUN, OR BIKE ANSWER TO THESE FIVE QUESTIONS:

- 1- How many birds did you see? Can you name one or more?
- 2- Take a picture of you favorite flower. Do you know its name?
- 3- What can you hear? Birds? The wind? Other people? Write a list.
- 4- What can you smell? Can you describe the smell? Leafy? Like mud?
- 5- Trees are starting to bud! Can you recognize one tree from its bark?



AT 11:40 AM Go to the Virtual Camporee Facebook Page to see **LIVE** how to extract the DNA from a banana, Part 1.

Special guest: Francesca Gilli, assistant professor at Dartmouth Hitchcock Medical Center.

Materials needed: 1 banana, dishwashing liquid, alcohol, salt, strainer, spoon/stick, 3 glass containers, 1 zip lock bag, warm water.

NOW RELAX, GET READY FOR LUNCH AND RECOVER YOUR ENERGY!

12:00-12:30 PM Lunch with the Camp Sunrise Camp-In family!

Live broadcast with open discussion about summer camp and an update of where we are at with Summer Camp 2020.

1:00PM LIVE how to extract the DNA from a banana, Part 2. Analyze your results and learn what DNA is!

1:30PM Video of Billy the camp chef on how to make a camp dinner recipe (see Appendix 5, p.13, to find the list of ingredients and tools that you will need).

WORK ON YOUR KNOTS!

Bowline Knot: <https://bit.ly/3bm1Y6G>

Figure 8 Knot: <https://bit.ly/3dA8MyP>

Clove Hitch: <https://bit.ly/3fEmi6r>

Timber Hitch: <https://bit.ly/2zwzjP6>

Sheet Bend: <https://bit.ly/35RskfK>

Square Knot: <https://bit.ly/3bmHpa7>

AT 3:30PM Learn The Highs and Lows of Air Pressure, what happens when air is “under pressure” with Waters scientist Nick Tomczyk. Learn more at this link: <https://bit.ly/2zvmUus>





AT 4 PM Start your Campfire Without Matches or a Lighter. Use this link to learn how to do it: <https://boyslife.org/video-audio/16418/how-to-start-a-fire-without-matches/>



Check your local directives on open burn, it is acceptable to use charcoal and propane units.

IT'S TIME TO COOK YOUR DINNER!

Scouts will prepare a dish as part of the virtual cooking. Scouts should cook with proper adult supervision and safety, take a picture of the recipe, a picture of them cooking the dish, and the final result. Post on Facebook a picture of your yummy recipe by 6:30PM!

FROM 5PM TILL 5:15 Dinner with Camp Sunrise Camp-In Family live broadcast: updates on progress report, learn the best spices to bring to camp with you to turn your meal into a gourmet event!

STARTING AT 8:00PM - CAMPFIRE EVENING PROGRAM

Like most campouts, we will have a campfire. The campfire will be streamed over Facebook Live from Camp Sunrise. We will stream the videos of your skits by the campfire!

Send us pictures of your S'mores cooking event! The first 10 Scouts who post the picture of their S'mores on Facebook will receive a prize!

- Retiring the Flags Ceremony
- Skits
- S'mores
- Individual campin camp fire!
- Awards
- Closing prayer
- Taps
- Sign off

THANK YOU FOR PARTICIPATING!





POINTS

25
POINTS

25 points for inviting non-scout families in your neighborhood, must show proof of email or photo delivery. Please be sure to social-distancing procedures on delivery.

20
POINTS

Cooking with family - 20 points

1-15
POINTS

Scavenger Hunt - 1 point for each item completed (15 points max)

50+
POINTS

Campfire Skit/Song - 50 points for submitting a video for use at the closing campfire. Additional 10 point bonus for each Scout that participates that is NOT at the same location/ household (zoom, skype, facetime) video must be submitted by 2PM on Saturday.

5+
POINTS

Opening Ceremony - 5 points for being in uniform, additional 5 points for a flag ceremony or folding a flag.

2+
POINTS

Knot Tying - 2 points for each knot tied by a Scout, 5 points for each knot the Scout teaches to a family member that is not also a Scout.

25-50
POINTS

Fire Starting - 25 points for starting a fire at home. 50 point bonus if starting a fire without matches or a lighter.

25
POINTS

Pitch a Tent - 25 points

50
POINTS

Campout in the Tent Friday Night - 50 points

20
POINTS

Extract the DNA from a banana: 20 points

15
POINTS

Learn The Highs and Lows of Air Pressure: 15 points

20+
POINTS

Walk/Run/Hike/Bike at least 1 mile - 20 points. 20 points bonus for each family member that also participates.

10+
POINTS

Messengers of Peace Cards. 10 points for uploading photo or video of cards being made. 5 points for each family member that participates. 10 points for distribution of the Senior Invitations cards by email or hand delivery to seniors in your community or neighbors, prior to Camp-In, must show prove of email or photo of delivery. Find the card in Appendix 6 p.14

APPENDIX 1- BREAKFAST RECIPE



GMC Family CAMPIN Virtual Camporee

May 15, 16 2020 Live Camp Sunrise

GMC Facebook

Saturday Morning Menu

7:00-8:30 am

Orange Juice

Coffee/Tea/Hot Chocolate

Camp Breakfast Sandwich

Fresh Grapes

Tools Equipment Supplies

- ☐ Frying pan
- ☐ Spatula
- ☐ Knife (Chef) for chopping
- ☐ Small mixing bowl
- ☐ Ingredients bowls
- ☐ Spices
- ☐ Washable prepping surface
- ☐ Cutting board
- ☐ Apron
- ☐ Head covering
- ☐ Gloves
- ☐ Potholders/mitts
- ☐ Hot water and handwashing soap
- ☐ Tongs
- ☐ Plates/cups silverware
- ☐ Antibacterial dish soap
- ☐ Dish towels

**Please Use reusable eating utensils,
cause no harm, save on landfills**

Shopping List and Recipe

For 4 or adjust recipe for additional persons

- ☐ Quart of Orange Juice, plan 6 oz per person

Camp Breakfast Sandwich

- ☐ 8 eggs or 2 eggs person
- ☐ 1 lb. choice slice ham, bacon, sausage patties or 3 oz per person
- ☐ 4oz. Vt Cheddar Cheese shredded or sliced or 1 oz per person
- ☐ Two sliced Per person of wholesome bread or one English muffin, or Bagel your choice
- ☐ 1 stick of butter or vegetable pan spray

Other items

- ☐ 4 oz per person of grapes your choice
- ☐ Coffee, tea, or hot chocolate

Due to OPEN BURN BANS in areas within Vermont, if you cannot have a campfire,

Propane or charcoal grills are acceptable in this CAMPIN and is credited for outdoor cooking

APPENDIX 2- LUNCH RECIPE



GMC Family CAMPIN Virtual Camporee

May 15, 16 2020 Live Camp Sunrise

GMC Facebook

Saturday Lunch

11:30 am – 12:30 pm

Fresh lemonade

Grill Burgers/Hot Dogs

Relish Tray

Chocolate Chip Cookies

Garnishes and fixings

Tools Equipment Supplies

- ☐ Grill: Charcoal or propane is acceptable
- ☐ Spatula
- ☐ Knife (Chef) for chopping
- ☐ Small mixing bowl
- ☐ Ingredients bowls
- ☐ Spices SPOG
- ☐ Washable prepping surface
- ☐ Cutting board
- ☐ Pitcher, juicer hand or electric
- ☐ Apron
- ☐ Head covering
- ☐ Gloves
- ☐ Potholders/mitts
- ☐ Hot water and handwashing soap
- ☐ Tongs
- ☐ Plates/cups silverware
- ☐ Antibacterial dish soap
- ☐ Dish towels

Please use reusable eating utensils, cause no harm, save on landfills

Due to OPEN BURN BANS in areas within Vermont, if you cannot have a campfire, Propane or charcoal grills are acceptable in this CAMPIN and is credited for outdoor cooking

Shopping List and Recipe

For 4 or adjust recipe for additional persons

Lemonade

- ☐ 8 lemons
- ☐ 1 cup of sugar
- ☐ 6 cups of water/ice yield gallon

Burgers, Hot Dogs, or veggies burger

- ☐ 1 lb. of ground beef (80-20) 4- 4oz or ground turkey
- ☐ 1 Package Hot Dogs all beef are the best
- ☐ 4oz. Vt Cheddar Cheese shredded or sliced or 1 oz per person
- ☐ Burger and Hot dog rolls or English muffin
- ☐ vegetable pan spray
- ☐ SPOG ? quest what spices

Relish Tray

- ☐ Carrot Sticks, Celery Sticks, Radishes, pickles, olives, Broccoli Florets whatever you have will work

Garnishes and fixings

- ☐ Mustard your choice of type
- ☐ Ketchup
- ☐ Mayo
- ☐ Chopped onions
- ☐ Green Relish or Red Relish or both
- ☐ Lettuce leaf
- ☐ Sliced Tomatoes

Finally ask Mom or Dad to make a batch of Chocolate chips cookies or cookie that is appropriate to diet your diet needs

PS if you help your parents with this task you get some credit for cooking

The cookies can be done ahead of time

Or help a small local bakery and buy them!!



Cub Scouting Scavenger Hunt

Instructions on how to submit your Scavenger Hunt Items

Take picture or video of yourself working on these activities and post to the **Virtual Camporee Facebook Page**: <https://bit.ly/2YEcdk1>

Include the following information:

#CubScavengerHunt, Your name (first name and last initial), Unit, Activity #

Ex: #CubScavengerHunt, Jon C., Pack 110, #2

REMEMBER: Do not include your last name or address in photos/videos.

DISCLAIMER: By submitting your videos and pictures you authorize us to use them for promotional purposes.

1. Build a robot hand with string, straws and sticks. How does it compare to a human hand?	2. Clean up Litter (don't forget your gloves and masks!) Leave No Trace	3. Create a family crest. Include what you think makes your family special.
4. Learn how to reuse a 2-liter plastic bottle to grow plants indoors. Plant a flower and send a	5. Hang up or draw and hang up an American flag at your house.	6. Make a classic diamond-shaped kite and fly it!
7. Learn How to Make Invisible Ink for writing Top-Secret Messages. Create a message using invisible ink.	8. Go on a walk and identify 3 shapes you see in nature. Send us your pictures and tell us about the shapes.	9. Make a nutritious snack to share with your family. What makes it healthy?
10. Create a secret code using numbers. Can anyone figure it	11. Draw or paint an original picture outdoors. Send us a	12. Show you can stop, drop, and roll! When would you need to do
13. Find instructions online and build your own solar oven. Give it a try and send a picture of what	14. Make marble milk! Put drops of food coloring in a plate of milk, then put a drop of dish soap in the	15. Play a game that makes you laugh with your family.

APPENDIX 4- SCAVENGER HUNT SCOUTS



Scouts BSA Scavenger Hunt

Instructions on how to submit your Scavenger Hunt Items

Take picture or video of yourself working on these activities and post to:

the Virtual Camporee Facebook Page: <https://bit.ly/2YEcdk1>

Include the following information:

#ScoutScavengerHunt, Your name (first name and last initial), Unit, Activity #

Ex: #ScoutScavengerHunt, Keith C., Troop 110, #5

REMEMBER: Do not include your last name or address in photos/videos.

REMEMBER: Do not include your last name or address in photos/videos.

1. Explain some hazards or injuries you might encounter while on a hike and what you can do to help prevent them.	2. Show that you know first aid for and how to prevent the following: Hypothermia, Frostbite, Heat Reactions, Dehydration, Altitude Sickness, Insect Stings, Tick Bites, Snakebite. Send us your video!	3. Explain the importance of the buddy system and how it relates to your personal safety.
4. Demonstrate your knowledge of pocketknife safety!	5. Learn how to reuse a 2-liter plastic bottle to grow plants indoors.	6. Build a shelter using a tarp, rope and materials in nature around you. Send us a picture of your shelter.
7. Use lashings to make a useful camp gadget or structure. Send us pictures of your gadget/structure and the lashings!	8. Clean up Litter (don't forget your gloves and masks!) Leave No Trace	9. Take a 1 to 5 mile walk/hike. Identify and show 10 kinds of wild animals found in your local area. Send us your pictures with identification.
10. Repeat from Memory the Outdoor Code and explain what it means to you. Send us a video!	11. Make a video demonstrating the Scout Sign, Salute & Handshake and when they should be used. Send us your video.	12. Make a video or poster that describes the steps in Scouting's Training EDGE method and how they are used. Send us your video or picture of your poster.
13. Tell how you should respond if you come upon the scene of a vehicular accident.	14. Send us your video or picture of poster explaining the five most common symptoms of a heart attack.	15. Demonstrate bandages for: * Sprained ankle * Head Injuries * Upper arm injuries * Collarbone injuries Send us your pictures!

APPENDIX 5- DINNER RECIPE



GMC Family CAMPIN Virtual Camporee

May 15, 16 2020 Live Camp Sunrise

GMC Facebook

Saturday Dinner

4:30 – 6:00 pm

Choice of Beverage

Vermont Mac and Cheese

Tossed Garden Salad

Garlic Bread

Dessert your Choice

Tools Equipment Supplies

- ☐ **Grill: Charcoal or propane is acceptable**
- ☐ **Spatula and cooking spoon (wooden)**
- ☐ **Knife (Chef) for chopping**
- ☐ **Dutch Oven or oven baking container**
- ☐ **Double boiler for cheese sauce**
- ☐ **Pastry brush**
- ☐ **Salad bowl**
- ☐ **Ingredients bowls**
- ☐ **Spices SPOG**
- ☐ **Washable prepping surface**
- ☐ **Cutting board**
- ☐ **Apron**
- ☐ **Head covering**
- ☐ **Gloves**
- ☐ **Potholders/mitts**
- ☐ **Hot water and handwashing soap**
- ☐ **Tongs**
- ☐ **Plates/cups silverware**
- ☐ **Antibacterial dish soap**
- ☐ **Dish towels**

Please use reusable eating utensils, cause no harm, save on landfills, respectful to the environment

Shopping List and Recipe

For 4 or adjust recipe for additional persons

Tossed Salad

- ☐ **1 Head Lettuce, your choice**
- ☐ **2 tomatoes**
- ☐ **1 cucumber**
- ☐ **1 carrot grated**
- ☐ **¼ onion slice red or white optional**
- ☐ **Favorite salad dressing**

Garlic Bread

- ☐ **1 loaf of unsliced Italian or French Bread**
- ☐ **1 Stick of clarify butter or 2 oz of olive oil**
- ☐ **2 cloves of fresh garlic chop or processor fine**

Vermont Mac and Cheese

- ☐ **2 lbs. of cooked pasta choice of Elbow, penne, mini shells, gluten-free**
- ☐ **2 qt half and half or 1 qt heavy cream & 1 qt milk reg. or 2%**
- ☐ **2 lbs. of shredded White VT cheddar Cheese**
- ☐ **SPOG**
- ☐ **Optional proteins, chicken, ham, sausage, or fresh vegetables**

Finally ask Mom or Dad to make a simple dessert that is appropriate

PS if you help your parents with this task credit for baking

The desserts can be done ahead of time

Or help a small local bakery and buy them!!

Due to OPEN BURN BANS in areas within Vermont, if you cannot have a campfire, Propane or charcoal grills are acceptable in this CAMPIN and is credited for outdoor cooking

APPENDIX 6- MESSENGERS OF PEACE CARD

PRINT IT - Use the template below

OR EMAIL IT - Dowload the PDF at this link: <https://bit.ly/2SQm7LF>

CUT

FRONT



You are invited to camp-in with us !!

All Day Saturday, May 16, 2020

9:00 am to 9:00 pm



Virtually from our home to your location

FOLD

BACK



***So you can't get out,
we will bring Mother Nature to you !!
On Saturday, May 16, 2020***

*Vermont Scouts are having a Statewide
Family CAMP-IN Virtual Camporee in their
Backyards, and you are invited to share with us in this event. We will bring you
into scout activities all day virtually Scavenger Hunt With Many Activities, 5k
Walking, Cycling, Running, Campfire Cooking Demos, Video Greeting Cards to
Vt Seniors from the Scouts Around Vermont around 2:00 pm
Live from Camp Sunrise a Closing Campfire w/ Skits by Scouts Live Facebook viewing from Camp
Sunrise in Benson, VT.*



So you are not alone! Join Us for Fun Day.

Find the Green Mountain Council Virtual Camporee Facebook Page
<https://bit.ly/2YEcdk1>



APPENDIX 7- VIRTUAL CAMPOREE PATCH ORDER FORM



Virtual Camporee Patch Order Form

Commemorate this time in Scouting history as the *Green Mountain Council* hosts its FIRST Virtual Camporee! Pre-order your patch today!

Order your patch by May 30th, 2020

Patches are **\$5 each**

This includes shipping direct to you!

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Phone: (_____) _____ - _____ Unit: _____

# of Patches _____	x \$5 each =	\$ _____
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Please select payment method:

☐ Check enclosed—made payable to Green Mountain Council

☐ Charge unit account—Authorized Signature _____

Mail Order Form & Payment to:

Green Mountain Council
ATTN: 2020 Virtual Camporee Patch Order
P.O. Box 557
Waterbury, VT 05676

****NOTE**** We need a minimum of 150 patches pre-ordered. If we do not meet this minimum then we will refund all money paid. We will be placing the order June 1st and anticipate patches shipping to you the beginning of August.