

CEDARLANDS SCOUT RESERVATION



ADMINISTRATIVE GUIDE
FOR SUMMER 2009



Dear Scout Leaders:

Welcome to the adventure that is Cedarlands Scout Reservation. Cedarlands' unique setting, talented staff, and flexible program options will allow your unit to experience Scouting as the founders intended. Your unit will have the chance to plan their own program, earn advancements, work together using the patrol method, and more! Your unit will have outdoor experiences that will improve your units' year round program and create lifelong memories.

In 2009, we will continue to commit ourselves to the promise that a flexible program is the best way to meet the needs of the individual units. We will finally be in the new office/trading post. The forestry management plan continues to move forward. Last year's work in the base camp area continues to provide opportunity for trail and campsite improvements. Base camp does look different, dangerous trees are gone, campsites are larger with more sunlight and air, and trails are drying out quicker after the inevitable Adirondack rain. The Schillo Memorial Climbing site, with a permanent climbing tower is fully operational. The new rifle range building is complete and will go a long way to improving the shooting sports experience at Cedarlands.

A flexible program means your unit makes its' plans and the camp will do its' best to make it happen. A flexible program means a troop can have an overnight adventure away from base camp and still complete advancements. A flexible program means choosing a menu that fits your schedule and not scheduling to fit your menu. We want you to think of the schedule in the program guide as an outline and not a document chiseled in stone.

In 2009 we will be adding new merit badges and continue with the new Pathfinder Director to better coordinate the first year camper program.

Health and Safety will continue to be foremost at Cedarlands Scout Reservation. The new camp office and trading post designed to increase the visibility of camp administration and provide a destination to travelers and not a parking lot in the woods. Please pay attention to the Health and Safety section of this guide. Proper health forms and OTC forms are a must.

We hope that this leader's guide will answer many, if not all, of your questions concerning camp. If you have other questions, you can consult the Revolutionary Trails Council Website at <http://www.rtcbsa.org> or call me at 315-735-4437. Of course, when you arrive at camp, if you have any questions, comments, or problems, please feel free to share them with the staff as soon as they arise.

We are honored that you have chosen Cedarlands and look forward to working with you.

Yours in Great Adventure of Scouting,

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Harry F. Brown Wilderness Base Camp Guide

This section contains information and policies pertaining to base camp operations at Cedarlands Scout Reservation.

Administrative

Site Reservation and Campsite Deposit Policy

Campsites and Trek slots at CSR are reserved on a first come first serve basis. Deposits can be paid while at camp or at the Council office for the following year. Units at camp have until they leave on Saturday to reserve the same site for the same week the next year. After that, the first unit paying a deposit can reserve the site. Units can sign-up to be placed on a waiting list if they wish to switch sites.

- **Campsite Deposit**
\$100 non-refundable but transferable to another unit/trek/campsite for the same camping season.
- **Trek Deposits**
\$100 non-refundable but transferable to another unit/trek/campsite for the same camping season.

*****CSR reserves the right to reassign a campsite on the basis of group size.*****

When reserving a campsite, please note that CSR offers two styles of sites, wilderness sites (bring your own tents) and tent sites (standard wall tents, cots, and platforms). All sites have a source of potable water, a latrine, a raised earth fire alters, a wash stand, and one picnic table per patrol site.

Camp Fees and Payments (SEE NEW FEE SCHEDULE BELOW)

The Council Executive Board upon the recommendations of the Council camping committee sets all camp fees. These fees are defrayed by the sale of popcorn, and the Council's Friends Of Scouting Campaign. Camperships are available to Scouts in the Revolutionary Trails Council who need assistance. Campership applications are available at the Council office and on the website www.rtcbasa.org . A copy is enclosed in this leader Packet.

THE REQUIRED CAMP PAYMENT SCHEDULE IS AS FOLLOWS:

Camp Russell and Cedarlands Base Camp –

| | |
|---------------------------------|-------------------------------------|
| In Council – Youth Camper \$310 | Out of Council - Youth Camper \$320 |
| Adult Fee (2 free) \$60 | Adult Fee (2 free) \$60 |

High Adventure Trek Fees –

| | |
|------------------------------------|--|
| In Council – Participant Fee \$330 | Out of Council - Participant Fee \$375 |
|------------------------------------|--|

Siblings will receive a \$20 discount, on fee paid per scheduled payment dates. Campers returning for a second or third week will receive \$50 discount per additional Base Camp week. New Scouts and Webelos crossovers, registered after May 1st and attending Base Camp have until June 1st to pay in full to qualify for the lower fee

Camp Fee Payment Schedule For 2009

Purpose: To provide the council camps with an accurate forecast of campers and available revenues in order to hire staff, order food, and purchase program equipment in a more timely and cost effective manner.

October 1st - \$100 non-refundable Site and/or Trek deposit due. This deposit guarantees your campsite and will be applied to your final payment; sites may be re-assigned based on attendance or lack of adherence to payment schedule.

December 15th-\$200 non-refundable payment for High Adventure Treks due. **(Guarantees trek guide availability.)**

***February 15th** -\$50 per camper, non-refundable but transferable deposit payment due, to qualify for discounted Base Camp fee or Trek fee. **(Provides for an earlier more accurate expected attendance count and allows the camps, to start planning, purchasing and hiring staff.)**

***May 1st** - Final payments due, non-refundable but transferable, all fees not paid in full by this time will be charged the full fee as scheduled above and No discounts will be applied.

***Required payment dates for \$50 discount. Any payments that do not meet these two dates will be charged the full 2009 fees scheduled above.**

All payments must be made by units attending camp, not by individual campers.

- **Each Base Camp unit will get two leaders free.** Additional leaders pay the additional leaders fee.
- **Each Trek will get one leader free.** Additional leaders pay the full Trek Fee.

All payments should be made on a troop basis. It is your troop's responsibility to keep track of individual payments in their unit.

Refunds

To obtain a refund a request must be made to the Council Camping Committee in writing. Please note that after June this committee does not reconvene until September. In general the following reasons are acceptable cause for a refund:

- Summer School
- Death in Family
- Doctors Medical Excuse
- Family Relocation

Sunday Check-In Procedures

1) Please plan on arriving at Cedarlands between 12:30 p.m. and 2:30 p.m. Sunday Afternoon. A staff guide will meet you in the parking lot and escort your unit to its campsite. A time for your units medical rechecks and BBQ will be assigned at the parking lot. Please wait for your staff guide in the Parking Lot. NOTE: Please have on hand at this time a Unit Roster of those in camp for the week.

* Vehicles may not be driven to campsites without the approval of the camp director. **All units should be prepared to carry personal and troop gear into the sites.** All vehicles must be parked in the parking lot as per NYS law.

Units traveling great distances may wish to arrive on Saturday. Please confirm your arrival time with the camp a minimum of two weeks before you arrive so we can schedule someone to meet you.

NOTE: The first camp served meal is Sunday Dinner. Your troop is responsible for its own meals until then.

2) Medical Rechecks will take place at the waterfront at the same time as the swim tests. Please bring all health forms and **(NEW) a list of all Scouts and Scouters medication and prescribed dosages and description of how it is to be administered along with the actual medication to be taken at camp** with you at this time. It is the Unit's responsibility to ensure all health forms are correct. **(NEW) At this time you will be issued a wrist band that must be worn at all times during your stay at camp (this is a New York State and National BSA Requirement).**

3) Cedarlands runs 2 BBQs to better serve the units (if needed, based on total attendance). Your unit will be assigned a 5 p.m. or 6 p.m. slot when you check in. **All scouts and leaders must bring their own cups to the BBQ.**

4) At 7 p.m. all Scoutmasters and SPL's will meet in the STF (Staff Training Facility) for the required Leaders' Roundtable. Any schedule changes will be discussed here.

5) At 8:15 p.m. all units will gather in front of the Commissary and be prepared to be escorted down at 8:30 p.m. to the Campfire.

Saturday Check-Out Procedure

1) Upon completion of the Closing Ceremony Saturday morning, Unit's are asked to report back to their campsites for final check-out by your staff guide.

This check-out will last only minutes and will verify your Unit has left the campsite in quality condition for the next Unit.

For those Units who wish to leave early arrangements can be made to have the site checked-out prior to your departure.

2) Once you have been checked-out by the staff guide you are free to leave the camp.

Leaders Roundtable

During the week there will be several opportunities, in the form of leaders Roundtables, for the staff to communicate to the Unit Leaders any praise or concerns they might have about the campers or the week in general as well as the Unit leaders to communicate any comments or concerns to the staff.

These Roundtables occur Sunday night at 7 p.m., Tuesday at 9 p.m., Thursday at 9 p.m., and Friday immediately following the campfire.

In addition to the Leaders Roundtables, there will be a SPL meeting Tuesday and Thursday nights at 8:30 p.m.

A Word on Uniforms

The Boy Scouts of America is a uniform movement. Scouts are expected to wear uniforms to and from camp, at campfires, and the BBQ. All other times scouts are encouraged to wear comfortable clothing appropriate to the weather. Open toed sandals, flip flops and croc type shoes are forbidden. Too many injuries happen at camp due to inadequate foot gear.

Visitor Policy

Visitors are encouraged and always welcome at Cedarlands. To maintain an accurate list of those who are on the property at all times, visitors are asked to sign in at the Camp Office and must wear a Visitor ID.

In addition those visitors who intend to stay for a meal should notify the Camp at least 24 hours in advance. This will provide the commissary staff adequate time to add the appropriate additions to the meal. The meal fees for visitors are as follows:
Breakfast - \$4.00, Lunch - \$5.00, and Dinner - \$6.00.

Leaving Camp

New York State law requires that any youth or leader, who leaves camp for any reason, must sign out at the Camp Officer. Any youth signing out of camp must have the permission of the Unit Leader. The camp reserves the right to verify the ID of those picking up minor campers. Permission (in the appendix) slips must be turned in.

Trading Post

A well-stocked trading post is available at Cedarlands. Items such as candy, soda, and ice cream can be available. Other items such as Scout equipment, t-shirts, hats, etc, can be purchased. The trading post's hours are:

Sunday: 12:30 PM – 4:00 PM, After the Campfire – 10:00 PM.

Monday – Friday 9:30 AM to 11:30AM

Monday, Tuesday, Thursday 7:00 PM – 9:00 PM

Wednesday – after Vespers to 9:30 PM

Friday – After Campfire to 10:00 PM

Saturday – After the flag ceremony until 11:00 AM

We try to place a 2 soda, pieces of candy, etc purchase limit each night for the Scouts. This is to make sure scouts are eating well- balanced meals and are not loading up on junk food. This also reduces the chance for the junk food winding its way to the campsites at night where it is more likely a bear or other animal could get to it. Hours may change depending on the construction of the new camp trading post.

Health and Safety

Campsite Supervision

Your unit is required to meet the BSA standard of a minimum of two-deep leadership. This means two leaders must be present at all times. One leader must be at least 21 years old the other must be at least 18 years old. At least two leaders in each campsite must be registered members of the BSA.

Unit leaders are responsible for knowing the location of all their Scouts. You are required by NYS law to have some system to keep track of all your scouts. Some leaders use log in/out books, some use a map or others may choose to use clothes pins. However you choose to do it is fine, but make sure everyone uses it including the leaders.

Buddy System

The buddy system is the way at CSR. The camp is too large and the wilderness is too deep to risk lone Scouts and leaders getting lost. Scoutmasters are expected to enforce the buddy system at all times in camp

Shower House

The Cedarlands shower house facility is located adjacent to the parking lot and Oneida site. There are separate facilities for females and the handicapped, adult males, youth males. All scouts using the shower house facility must have adult supervision. The valve to turn on the water for the youth shower is located in the male adult side. After your scouts are done, please inspect the area for cleanliness. The open air showers, with privacy dividers, operate on a spring valve system. Scouts and adults should not hang on these valves or tie them down.

Physicals

NYS and the BSA require that all camp participants have a current physical signed by a licensed physician. In 2010, a yearly physical will be required for all campers by the BSA. According to NYS Dept. of Health as of January 1, 2004 all youth and adult campers must submit a permitted over the counter medication listing acceptable by their physician. Please see access to this form in the attachments section. Thank you for your patience and consideration.

Scouts staying in base camp may use the class II or III BSA physical form. Note that the parents' signature must be updated yearly. The doctors' signature must be within the last three years. Scouts and adults on Trek will use the class III health form. This requires a yearly physical and requires all signatures within the last year. Adults under 40 may use the Class II form and have had a physical within the last three years. Adults over 40 must use the Class III form and have had a physical within the last year.

This is the last year for Class 2 and Class 3 medical forms. Form 34605 is mandatory starting in 2010.

Immunization information must be filled out for both youth and adults. (Tetanus should be within the last 10 years, tetanus shots older than this are not acceptable.)

No Scout or adult can participate in camp activities without a properly completed health form. Unit leaders are responsible for seeing that health forms are properly filled out. Copies of the class II and III forms are available at the Council office.

Important: An adult leader who is familiar with each Scouts health form and medications must accompany a Scout and his buddy to the Health Lodge with each visit to verify the Scout receiving his appropriate medications.

Health Lodge

Cedarlands Scout Reservation operates under the guidelines of NYS and the BSA. Cedarlands is inspected yearly by both the State and the BSA. All camp inspections are available at camp for review. A certified health officer is on duty 24 hours a day. The health officer is under the supervision of a licensed NYS physician. Written agreements are made with the local police, fire department, ambulance service and hospital for service. Please report to the Health Lodge for ALL health problems. The Boy Scouts of America requires the camp to officially record ALL injuries that occur on camp property!

Alcohol and Narcotic Policy

They are not permitted in camp at any time. Those found in the violation of this policy will be dismissed from camp. Those found under the influence of an illegal substance will be dismissed also. Violation of the BSA Drug and Alcohol policy will have severe consequences.

General Health and Safety Policies

Safety in the water:

Cedarlands, per National Standards, requires all units to practice the Safe Swim defense at least once during their stay at camp. Any activity in the water must follow the Safe Swim Defense Plan of the Boy Scouts of America.

Safety on the water:

Any activity on the water must be in accordance to the Safety Afloat plan of the Boy Scouts of America

Safety on the Trail:

- Follow your hike plan and leave a copy of the

plan with camp officials.

- Have an adequate First Aid kit and qualified First - Aider.
- Use the buddy plan at all times.
- Limit Activities during extreme heat and adverse weather.
- Have proper equipment and clothing. No excuses!
- Know your route and your bail out points.
- Know your nearest source of water.
- Purify all water using approved methods.
- Have the slowest Scout in the group set the pace.
- Discourage your Scouts from using open toed sandals for hiking.

Campsite Safety:

- Only trained Scouts use woods tools.
- Proper Supervision at all times.
- Use safe cooking practices.
- Have an adequate First Aid kit.
- Report all injuries to the camp health officer.

Safety with fire:

- Maintain the troop fireguard plan.
- Make sure all fires are cold out.
- Fire fighting equipment is ready for use, fire barrel is full.
If you are using liquid fuel or propane you must have a fire extinguisher.
- All fires should be built on the fire altars provided
- Follow the BSA liquid fuel policy (All Scouts must be supervised by an adult)
- Be careful with cigarette butts and ashes. If smoking must be done do it away from campers.

Safety from Weather:

- Check your campsite for dead trees and limbs
- Limit the physical activity of Scouts in extreme heat.
- Use a strong sun block when out in the open sun.

Stream Crossing Plan:

When coming upon a stream that must be crossed, the guide will test the water for depth and velocity. To test depth, a measured stick will be used to determine whether points are safe to cross, with no point of crossing greater than knee deep on the shortest scout. To test the velocity, the trek guide will measure a distance of 10 feet of land, place a leaf at one end of the measured distance, and count the time it takes for the leaf to move. Should either the depth or velocity be greater than the limits, an alternate site will be tested for safety. If the site is deemed safe to cross, individuals will cross the stream using safety ropes with their belt and chest buckles on their backpacks undone in order to slip out of their backpack in case they slip.

Liquid Fuel Policy:

Liquid fuels are permitted at CSR in accordance with BSA regulations. Knowledgeable adult supervision must be provided whenever Scouts are fueling, lighting or operating liquid fuel stoves or lanterns.

All spare fuel must be stored at the camp fuel bunker located near the trading post. Spare fuel is defined as any propane tank not connected to an appliance, gallon size

white gas cans etc. Sigg bottles are OK for campsite storage. Please remember to reclaim any stored fuel before your unit leaves.

Wildlife Policy

It is the policy of CSR that wildlife is for observing and not interacting with. As friendly as our woodland neighbors are, they can be dangerous. Let us not also forget the animals live at Cedarlands year-round we are but guests for 7 weeks.

Rabies:

All campers should avoid contact with wildlife. Any animal behavior that is unusual should be reported to the camp director. Nocturnal animals, such as bats and raccoons that are seen in daytime should be avoided and reported at once.

Bees and other biting insects:

Unfortunately one trade off of being in the Adirondacks is the biting insect. Black flies may still be around in July and mosquitoes and bees are always present. Those allergic to bees are allowed to carry their bee sting kit with them. Stings and bites should be reported to the camp health officer. Know who has insect allergies in your unit!

Bears and Cedarlands:

One of the most interesting and exciting members of our wildlife community is the black bear. Seeing one of these animals or signs of its presence can be a highlight of your camping experience. However, the bear is a large and powerful animal and under certain circumstances, can be very destructive of the property of humans. To be safe follow these few guidelines:

- 1). Be careful with food scrapes in your campsite. Clean your tables, around and underneath. Deposit any waste food in the trash.
- 2) Clean up after every meal or snack. Leftover food should be returned to the commissary or put up in a bear bag. DO NOT leave food in containers, patrol boxes or tents.
3. DO NOT dump scraps of meat, food, or fat drippings into your fire, latrine, or wash stand. Place these in a closed container in the trash.
- 4) All trash should be brought to the commissary after every meal.

Unprovoked attacks by black bears on humans are so rare as to be non-existent. DO NOT attempt to feed, tease, or approach bears that you see. If you see a bear, you should respect him, but not necessarily fear him. Please don't let your guard down on Friday, and remember other units are following you at camp.

Emergency Procedures

Lost Swimmer-

- * Signal- A wailing blast (that “rises” and “falls”) from the camp siren located by rear door of the commissary.
- A. All scouts and adults report to the main compound area in front of the commissary for roll call.
- B. Staff reports to waterfront for lost swimmer search.
- C. Health Officer reports immediately to waterfront with oxygen.
- D. Camp Director notifies Long Lake Rescue Squad if necessary. (Telephone # 624-3900).
- E. Ranger meets emergency crew at the main gate.

Fire-

- *Signal- One continuous blast from the camp siren.
- A. All scouts and adults report to the main compound area in front of the commissary for roll call.
- B. Staff reports to the front of the commissary.
- C. Camp Fire Warden assigns staff members to fight the fire and gives instructions to the troops.
- D. Camp Director notifies Long Lake Volunteer Fire Company (Telephone # 624-3900).
- E. Health Officer stands by at the Health Lodge, (unless a hazard exists) to render first aid.
- G. Ranger meets emergency crew at the main gate.

In the event of a forest fire, the preservation of human life is paramount to any other consideration.

Natural Disasters-

- *Signal- One continuous blast from the camp siren.
- A. All scouts and adults report to the main compound area in front of the commissary for roll call.
- B. All staff reports to the front of the commissary.
- C. Camp Fire Warden gives instructions to the troops.
- D. Ranger meets emergency crew at the main gate.

Evacuation procedures-

- A. The camp will be evacuated under the supervision of the Camp Director or Camp Fire Warden,
- B. All scouts and adults and staff will assemble at the commissary for orderly evacuation of camp.

- C. Camp Director will notify local Ranger, Long Lake Volunteer Fire Company, and Rescue Squad. (telephone # 624-3900).
- D. Outpost Campsites-
 - 1. Return immediately to base camp.
 - 2. If impossible to return to base camp because of forest fire, move to shore of Lake McRorie, Scout Pond, or Long Lake for rescue and evacuation.

Hazardous Chemical Spills-

- *Signal- none
- A. Keep all scouts, adults and staff away from the area.
- B. Cordon off the spill area.
- C. Camp Director will notify New York State Police Hazardous Materials Team. (Telephone # 897-2000).
- D. Respond according to New York States Police Team.
- E. Notify as appropriate:
 - New York State Department of Health, (telephone # 891-1800).
 - Revolutionary Trails Council, (telephone #315-375-4437).

Lost Person-

- *Signal-none
- A. Scouts and leaders should report any person suspected to be missing to the camp staff without delay.
- B. Camp Fire Warden will organize staff as a search party.
- C. Camp Director will notify local the Forest Ranger, and State Police.
- D. Scouts and leaders will not be used as searchers.
- E. Camp Director will interview troop members of the lost person to determine:
 - 1. Where and when person was last seen.
 - 2. What they were wearing.
 - 3. Their frame of mind before going missing.

Fatal or Serious accident or Illness-

- A. Camp Director and Health Officer will be notified.
- B. Health Officer will report to accident scene to render First Aid.
- C. Camp Director will notify Long Lake Rescue Squad for ambulance service. **note:** Rescue Squad must be informed as to the specific location of the accident.
- D. Camp Director will alert Adirondack Medical Center in Saranac Lake of an emergency patient en route.
- E. The injured person will be transported to Saranac Lake General Hospital accompanied by the Health Officer or designee,(with the person's medical form.)
- F. Camp Director will notify the Scout Executive to implement the BSA plan.
- G. Camp Director will notify the State Health Department.

Suspected or Observed Child Abuse-

- A. Any suspected or observed child abuse must be reported immediately to the Camp Director or Health Officer.
- B. The Camp Director will immediately implement the procedures established by the Boy Scouts of America and the State Department of Health. The Boy Scouts of America will not tolerate Child abuse, in any form.

Other Pertinent Information

Your Campsite

Campsites come in two varieties at CSR, wilderness sites and tent platform sites. Both types have a latrine, wash stand, faucet, drinking fountain, picnic tables, and raised earth fire alters. When possible, we have tried to set the sites up so as to have separate patrol areas.

Wilderness sites allow your unit to camp in your own tents and place them as the site allows. These sites are Oneida, Seneca, Seminole, and Mohican.

Tent platform sites have standard BSA canvas wall tents, wood platforms and navy style "rack" bunks. These sites are Ute, Algonquin, Mohawk, Cayuga, Sioux, and Apache.

Water from the wash stands is potable. Any water related problems, (* including no water), should be reported to the camp director immediately.

All fires in your site should be built on the raised fire alters provided. While there is an abundance of firewood at Cedarlands, you should take care not to gather from the lakeshore, between campsites, and along the trails. Only downed wood should be used.

Dishes should not be washed or rinsed in the washstands. Garbage should not be dumped in the latrine pits. Grease from food dumped in the pits and washstands will inhibit the natural decay of the materials these facilities were designed to foster. This will make things smell really bad.

All dishes should be washed using the three-pot method. Wash basins and sanitizer are available from the commissary. All food garbage should be scraped into the garbage bag and taken to the commissary.

All tents, including personal ones, should have a "no flame in tent" sign. If not, contact the Camp Director and signs will be provided. It is recognized that fire buckets have little value in fighting a large fire. However, they can stop a small from becoming a large fire. First aid for first and second degree burns is to apply cold water. With fire buckets, you have cold water on hand for prompt first aid. In the case of burns, time counts. The longer between burning and the application of cold water, the greater the possibility that is of a more severe burn. Handfuls of water can be thrown on a fire that is too hot. Use #10 cans, juice cans, or half-gallon milk cartons for fire buckets. Fire buckets will do no good unless they are full and in their proper place. Leaders are responsible to see that fire buckets are not used for anything other than their intended purpose.

All sites have a bear bag cable. Use these to hang your bear bags only.

Troop Equipment Needs

Most units camping at CSR use their own equipment. However CSR does maintain a limited supply of troop equipment for loan. Equipment which is available in limited quantities:

- Dutch Ovens
- Axes, bow saws
- Cook kits
- Patrol Boxes

Please let us know well in advance of any equipment your unit will require. Equipment for conservation projects can be signed out from the quartermaster room. All camp equipment must be cleaned and returned by Friday afternoon to the Camp Quartermaster.

Ten Steps to Successful Cedarlands Preparation

1. Have a Cedarlands kickoff night. Encourage each and every Scout to attend especially those who don't think they want to go to camp. Include slides, pictures and videos, as well as stories about camp. Start a savings plan with each Scout so he can pay part of his camp fee each week. Ask each Scout to set a goal for summer camp. The enthusiasm generated by this meeting will carry your troop toward camp.
2. Hold a troop committee meeting to discuss the roles the various Committee members are going to play in organizing for camp. Primary duties include: transportation to and from camp, securing camp leadership, arranging for funds and equipment.
3. Hold patrol meetings to decide on what the Scouts want to do at camp. Have the patrol leaders assign pre camp jobs such as quartermaster Scribe etc..
4. Have the Patrol Leaders Council meet to discuss Troop program based on the desires and needs of the patrols. Try to agree on a troop program that every Scout can enjoy. It's OK to schedule different events and meals by patrols. Work this into a draft of your weeklong schedule.
5. Start preparing for camp by focusing your meetings and campouts on skills that are needed for camp. Example, cooking clean-up, patrol organization etc.
6. Local units attend the CSR kick off meeting. Bring your camp leaders and draft of your program. Out of town units should contact camp officials in May with your program draft.
7. Review your schedule with the program director and revise if necessary. Present your revised schedule and all advancement sign ups and meal selection sheets no later than June 1st.
8. Hold a Scoutmasters conference with each Scout to review their program and advancement goals at camp.
9. Submit all camp fees prior to arriving at camp.
10. Be prepared for fun and adventure.



Dear Parents,

Welcome to the adventure that is Cedarlands Scout Reservation. During your Scout(s) or Venture(s) week(s) at camp he will have the chance to experience the best that Scouting has to offer.

This guide was prepared to help you prepare your son or daughter for a safe, fun filled week(s) at camp.

It is important that your child make careful note of the equipment list in this guide. It is important to be well equipped but not over equipped. Some items he may desire but do not need for camp are radios, electronic games, or junk food as these items will have a negative effect on his outdoor experience.

At Cedarlands we stress all the eight methods of Scouting: ideals, patrol method, outdoors, advancement, adult association, uniform, youth leadership, and personal growth. While merit badges are important, we do not believe that a successful week at camp depends on the number of badges earned. Rather, we believe it is the total camp experience that makes a summer. While at camp your son will have the opportunity to cook his own meals, hike, fish, and rappel, try archery, go boating, mountain biking, earn a merit badge or two, and more. He may receive a partial merit badge. A partial is not a sign of failure but a sign of skills and knowledge gained at camp. Partial merit badges are valid until a Scout turns 18 and can be finished at home or at camp the following summer.

We hope that this guide and the advice in it will help you and your Scout(s) or Venture(s) get the most out of their Cedarlands experience.

Yours in Scouting,

The Staff of Cedarlands
Scout Reservation

Telephone

The camp phone number is 518-624-4371. Scouts/Venturer's and leaders may receive emergency calls only while at camp. A Scout must have permission from his unit leader. All outgoing calls must be made collect or with a calling card. For some Scouts it will be their first time away from home and you may wish to contact them at camp by telephone to see how things are going. We ask that you instead perhaps write a letter or encourage your son/daughter to write to you from camp. In our experience a Scout who calls home will go home. This is one reason there is no pay phone at Cedarlands.

Mail

Everyone likes to receive mail at camp. Incoming mail is distributed daily to troops. For a camper to receive mail before leaving camp it should be mailed no later than Monday or Tuesday. All mail should be addressed as follows:

Scouts Name
Troop # / Hometown
Cedarlands Scout Reservation
P.O. Box 592
Long Lake, NY 12847

Visitors

Visitors are always welcome at Cedarlands Scout Reservation. Visitors must sign in at the camp office. If you are staying for any meals please let us know at least 24 hours in advance. There is a small fee for visitor's meals.

Health and Safety

Cedarlands Scout Reservation operates under the guidelines of NYS and the BSA. Cedarlands is inspected yearly by both the State and the BSA. All camp inspections are available at camp for review. A certified health officer is on duty 24 hours a day. The health officer is under the supervision of a licensed NYS physician. Written agreements are made with the local police, fire department, ambulance service and hospital for service.

Vespers

A Scout is reverent. A non-denominational vespers service is held every Wednesday evening at camp.

Trading Post

A well-stocked trading post is available at Cedarlands. Items such as candy, soda, and ice cream are available for purchase as well as items such as Scout equipment, t-shirts, hats, etc. A pre-order form can be found on our web-site at www.rtcbasa.org under summer camps, Cedarlands.

Staff

All staff spends considerable time training. Key staff members are sent to BSA National Camp School for training. All lifeguards are certified by the Red Cross or the BSA.

Personal Gear List

1) Scout Equipment

| | |
|------------------|-------------------------------------|
| Pocket knife | personal first aid kit |
| Rain Gear | Canteen/Water Bottle |
| Flashlight | Matches (in a waterproof container) |
| Whistle | Sun Screen |
| Insect Repellent | Compass |
| 10 FT of rope | |

2) Personal Gear

| | |
|-----------------------|--------------------------------|
| Back Pack | Plastic Bags (assorted sizes) |
| Sleeping Bag | Sleeping Pad |
| Scout Book | Pad and Pencil |
| Towel | Soap, Shampoo, Deodorant, Comb |
| Toothbrush/Toothpaste | Eating Gear and Utensils |

3) Clothes

| | |
|----------------------------|----------------|
| Scout Uniform | Long pants |
| Shorts | Underwear |
| Socks | Wool Socks |
| Shirts/Sweaters | T-Shirts |
| Light Jacket | Swim Trunks |
| Beach Towel | Sneakers |
| Hiking Shoes or Work Boots | Shower Sandals |

Sandals and "cros" are not acceptable footwear for Cedarlands base camp trails or hiking treks.

4) Optional Items

| | |
|-----------------------|-------------------|
| Watch | Camera |
| Fishing Pole and Gear | Binoculars |
| Sun Glasses | Prayer Book/Bible |
| Musical Instrument | Spending Money |
| Sewing Kit | |

**Cedarlands Scout Reservation
Parent Information Sheet**

Troop: _____

Camp Dates: _____

Camp Leader: _____

Leader Phone Number: _____

Camp Phone Number: 1-518-624-4371

Cedarlands Scout Reservation
P.O. Box 592

Camp Mailing Address: Long Lake, NY 12847

Campsite: _____

Departure Time: _____

Date: _____

Location: _____

Return Time: _____

Date: _____

Location: _____

